



Script approved by

Val Myers

A – B Ticket



Val Myers

BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	4 x Heel Struts Forward.		
1 - 2	Touch right heel forward. Drop right toe taking weight.	Right Strut	Forward
3 - 4	Touch left heel forward. Drop left toe taking weight.	Left Strut	
5 - 6	Touch right heel forward. Drop right toe taking weight.	Right Strut	
7 - 8	Touch left heel forward. Drop left toe taking weight.	Left Strut	
Section 2	Stroll Back, Stomps In Place.		
1 - 2	Step back right. Step back left.	Back 2	Back
3 - 4	Step back right. Touch left beside right.	3, 4.	
5 - 6	Stomp left in place. Stomp right in place.	Stomp Stomp	On the spot
7 - 8	Stomp left in place. Touch right beside left.	Stomp Touch	
Section 3	Grapevine Right, Grapevine Left.		
1 - 2	Step right to right side. Cross left behind right.	Step Behind	Right
3 - 4	Step right to right side. Touch left beside right.	Step Touch	
5 - 6	Step left to left side. Cross right behind left.	Step Behind	Left
7 - 8	Step left to left side. Touch right beside left.	Step Touch	
Section 4	Hips Bumps Forward and Back.		
1 & 2	Step right small step forward bumping hips - Forward, Back, Forward.	Forward Shake	Forward
3 & 4	Bump hips - Back, Forward, Back.	Back Shake	Back
5 - 6	Bump hips forward. Bump hips back.	Forward Back	On the spot
7 - 8	Bump hips forward. Bump hips back (weight ends back on left).	Forward Back	

1 Wall Line Dance:- 32 Counts. Beginner.

Choreographed by:- Val Myers (UK) April 2002.

Choreographed to:- 'One Way Ticket' by Lee Ann Rimes (120bpm) from The No.1 Line Dancing Album (32 count intro).

Music Suggestion:- 'Cry To Me' by Ronnie McDowell (115bpm) from Line Dance Fever 12.