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The Triple "W" (aka: Wicked Woman's Wiggle)

48 Count, 4 Wall, Intermediate

Choreographer: Gloria Johnson (US) April 2015
Choreographed to: Gotta Get Me One of Them by
The Soul Circus Cowboys

Begin on the lyrics.

S1: RIGHT SIDE-SHUFFLE, ROCK-STEP, LEFT SIDE SHUFFLE, ROCK-STEP
1&2 Step RIGHT to right side; Step LEFT together; Step RIGHT to right side;
3,4 Rock LEFT back; Recover forward onto RIGHT;
5&6 Step LEFT to left side; Step RIGHT together; Step LEFT to left side;
7,8 Rock RIGHT back; Recover forward onto LEFT.

S2: BUMPS AND GRINDS
1,2 Leaning right, bump hips right twice;
3,4 Leaning left, bump hips left twice;
5-8 Move hips in circular motion WITH LOTS OF ATTITUDE!

S3: SHUFFLE, SHUFFLE, 1/2 TURN SHUFFLE BACK, SHUFFLE BACK
1&2 Step RIGHT forward; Step LEFT together; Step RIGHT forward;
3&4 Step LEFT forward; Step RIGHT together; Step LEFT forward;
5&6 Turning 1/2 left, step RIGHT back; Step LEFT together; Step RIGHT back;
7&8 Step LEFT back; Step RIGHT together; Step LEFT back.

NOTE: Take small steps to avoid traveling a longer distance.

If the dance floor is large enough, take bigger steps to cover more of the floor.

S4: BUMPS AND GRINDS
1,2 Leaning right, bump hips right twice;
3,4 Leaning left, bump hips left twice;
5-8 Move hips in circular motion WITH LOTS OF ATTITUDE!

S5: RIGHT SIDE-SHUFFLE, ROCK-STEP, LEFT SIDE SHUFFLE, 1/4 TURN ROCK-STEP
1&2 Step RIGHT to right side; Step LEFT together; Step RIGHT to right side;
3,4 Rock LEFT back; Recover forward onto RIGHT;
5&6 Step LEFT to left side; Step RIGHT together; Step LEFT to left side;
7,8 Turning 1/4 right, rock RIGHT back; Recover forward onto LEFT.

S6: BUMPS AND GRINDS
1,2 Leaning right, bump hips right twice;
3,4 Leaning left, bump hips left twice;
5-8 Move hips in circular motion WITH LOTS OF ATTITUDE!

BEGIN DANCE AGAIN

Choreographer Contact Information:

Gloria Johnson - Address: 2403 Lake Tiny Road; Deltona, FL 32738

Phone: (386)218-4228 - Email: gloriaj@cfl.rr.com - Website: <http://www.country-time.com> OR
<http://www.gloriajohnson.us>

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