

RIGHT KICK-BALL-CHANGE, HEEL TAPS, LEFT KICK-BALL-CHANGE, HEEL TAPS

- 1 Kick right foot forward
- & Step next to left on ball of right
- 2 Change weight to left foot
- 3 Bounce right heel in place
- 4 Bounce weight onto right heel in place
- 5 Kick left foot forward
- & Step next to right on ball of left
- 6 Change weight to right foot
- 7 Bounce left heel in place
- 8 Bounce weight onto left heel in place

STEP RIGHT, CROSS, BOUNCE, BOUNCE, STEP LEFT, CROSS, BOUNCE, BOUNCE

- 1 Step to right on right
- 2 Cross step left behind right
- 3 Bounce right heel in place
- 4 Bounce weight onto right heel in place
- 5 Step to left on left
- 6 Cross step right behind left
- 7 Bounce left heel in place
- 8 Bounce left heel in place again

KNEE BEND-PIVOT RIGHT, HOLD, BOUNCE, BOUNCE, KNEE BEND-PIVOT LEFT, HOLD, BOUNCE, BOUNCE

- 1 Bend knees and pivot 1/2 turn to the right
- 2 Hold
- 3 Bounce right heel in place
- 4 Bounce right heel in place again
- 5 Bend knees and pivot 1/2 turn to the left
- 6 Hold
- 7 Bounce left heel in place
- 8 Bounce left heel in place (no weight)

STEP, SLIDE, PIVOT, STOMP

- 1 Step forward on left
- 2 Slide right next to left
- 3 Step forward and pivot 1/4 turn to the left on left
- 4 Stomp right next to left

1/4 TURN TO THE RIGHT STRUTS

- 1 Step 1/4 turn to the right onto ball of right
- 2 Step down on heel of right
- 3 Pivot 1/4 turn to the right on right and step forward onto the ball of left
- 4 Step down onto heel of left
- 5 Step 1/4 turn to the right onto ball of right
- 6 Step down on heel of right
- 7 Pivot 1/4 turn to the right on right and step forward onto the ball of left
- 8 Step down onto heel of left

REPEAT