

Wilbery Twist

BEGINNER

48 Count 4 Walls

Choreographed by: Margaret Fox

Choreographed to: Wilbury Twist by The Traveling Wilburys

1 Twist heels, toes, heels, toes right, twist heels right, left, centre, hold,**Moving to the right**

1 - 4 (twist heels right, twist toes right,)x2

5 - 8 twist heels right, twist heels left, twist heels centre, hold

2 Twist heels, toes, heels, toes left, twist heels left, right, centre, hold**Moving to the left**

1 - 4 (twist heels left, twist toes left)x2

5 - 8 twist heels left, twist heels right, twist heels centre, hold

3 Monterey 1/4 turns

1 - 2 point right toe right, turn 1/4 right and step right next to the left. (3 o'clock)

3 - 4 point left toe left, step left next to right

5 - 8 repeat 1-4. (6 o'clock)

4 Toe fans right & left

1 - 4 stomp right forward with toes in, fan toes out, in, out

5 - 8 stomp left forward with toes in, fan toes out, in, out

5 Heel struts 1/2 turn right**Turning in a semi circle to the right**

1 - 8 (right heel forward, right heel down, left heel forward, left heel down)x2. (12 o'clock)

6 Rocking chair, rock recover with 1/4 turn left 2 stomps

1 - 4 rock forward on right, recover on left, rock back on right, recover on left

5 - 6 rock forward on right, recover on left turning 1/4 left. (9 o'clock)

7 - 8 stomp right next to left, stomp left next to right