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Lips & Hips (aka Goodtime Gwen)

48 Count, 2 Wall, Improver

Choreographer: Sandy Goodman (US) April 2015

Choreographed to: Lips Are Movin' by Megan Trainor
Alternative Track: Good For A Good Time by Darius Rucker

32 count intro

Weave Right, Rock-Recover, Cross, Hold

- 1 - 4 Step Right side right (1), Step Left behind right (2), Step Right side right (3), Cross Left over right (4)
5 - 8 Rock Right side right (5), Recover on Left (6), Cross Right over left (7), Hold (8)

Weave Left, Sway Left, Sway Right, Bump Left (x2)

- 1 - 4 Step Left side left (1), Step Right behind left (2), Step Left side left (3), Cross Right over left (4)
5 - 8 Sway hips Left (5), Sway hips Right (6), Bump hips Left - twice (7-8)

Note I'm calling the steps (5-8) the modified Gwen after my dear friend. You may also do a hairbrush movement while doing these steps to make it look sexier!!

(Done On Diagonals), Step Right Forward, Step Left Beside Right, Step Right Forward, Touch Left, Step Left Forward, Step Right Beside Left, Step Left Forward, Touch Right

- 1 - 4 Step Right fwd. to right diag. (1), Step Left beside right (2), Step Right fwd. to diag. (3), Touch Left
5 - 8 Step Left fwd. to left diag. (5), Step Right beside left (6), Step Left fwd. to diag. (7), Touch Right (8)

Backwards Zig-Zag Steps With Touch/Claps

- 1 - 4 Step R diag. back right (1), Touch Left/Clap hands (2), Step L diag. back left (3), Touch Right/clap (4)
5 - 8 Step R diag. back right (5), Touch Left/Clap hands (6), Step L diag. back left (7), Touch Right/clap (8)

Side Shuffle Right, Rock Back-Recover, Side Shuffle Left, Rock Back- Recover

- 1 & 2 Step Right side right (1), Step Left beside right (&), Step Right side right (2)
3 - 4 Rock back Left (3), Recover on Right (4)
5 & 6 Step Left side left (5), Step Right beside left (&), Step Left side left (6)
7 - 8 Rock back Right (7), Recover on Left (8)

Step Forward, Pivot ¼ Turn Left (x2), Jazz Box

- 1 - 4 Step fwd. Right (1), Pivot ¼ turn left- weight Left (2), Step fwd. Right (3), Pivot ¼ turn left-weight left (4)
5 - 8 Cross Right over left (5), Step Left back (6), Step Right slightly fwd. right (7), Step Left beside right (8)

Begin Again

Note If using the Darius Rucker music, there is a 4 count tag after the 5th wall..

Bump hips Right twice (1-2), Bump hips Left twice (3-4)

The Ending for the Darius Rucker music is as follows:

On the 7th wall, do 4 pivot ¼ turns, and do 2 Jazz boxes at the end.

You'll end facing the 12:00 wall as the music ends.