

This Old Heart

ABSOLUTE BEGINNER

32 Count 4 Walls

Choreographed by: Elaine Hornagold

Choreographed to: This Old
Heart Of Mine by The Isley Brothers**Section 1 Step R Forward, Together L, Step R Touch, Step L Forward, Together R, Step L Touch****Note:** This section is done with Motown arm movements.

- 1 - 2 On slight right diagonal step forward right. Step left next to right.
3 - 4 Step forward on right. Touch left next to right.
5 - 6 On slight left diagonal step forward left. Step right next to left.
7 - 8 Step forward on left. Touch right next to left.

Section 2 Diagonal Step Back With Touch x 4 (with claps)

- 1 - 2 Step back to right diagonal on R foot, touch left next to right & clap
3 - 4 Step back to left diagonal on L foot, touch right next to left & clap
5 - 6 Step back to right diagonal on R foot, touch left next to right & clap
7 - 8 Step back to left diagonal on L foot, touch right next to left & clap

Section 3 Side Together Forward Hold, Side Together 1/4 Turn Left Hold

- 1 - 2 Step R to right side. Close left next to right.
3 - 4 Step forward right. Hold.
5 - 6 Step L to left side. Close right next to left.
7 - 8 Turn 1/4 left step forward left. Hold.

Section 4 Side Together Back Hold, Coaster Step, Brush

- 1 - 2 Step R to right side. Close left next to right.
3 - 4 Step back right. Hold.
5 - 6 Step back left. Step back right next to left.
7 - 8 Step forward left. Brush right.