



Approved by:

*Nancy Rosera*

# You And Me

## 4 WALL – 48 COUNTS – BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Walk Walk, Forward Shuffle, Forward Rock, Coaster Step</b> Walk forward right. Walk forward left. Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Step left back. Step right beside left. Step left forward.	Walk Walk Right Shuffle Rock Forward Coaster Step	Forward  On the spot
<b>Section 2</b> 1 – 2 3 & 4 5 – 6 7 & 8	<b>Side Rock, Cross Shuffle, Side Rock, Cross Shuffle</b> Rock right to side. Recover onto left. Cross right over left. Step left to side. Cross right over left. Rock left to side. Recover onto right. Cross left over right. Step right to side. Cross left over right.	Side Rock Cross Shuffle Side Rock Cross Shuffle	On the spot Left On the spot Right
<b>Section 3</b> 1 – 2 3 – 4 5 – 6 7 – 8	<b>1/4 Turn, Touch, Side, Touch (x 2)</b> Step right 1/4 turn right. Touch left beside right. (3:00) Step left to side. Touch right beside left. Step right 1/4 turn right. Touch left beside right. (6:00) Step left to side. Touch right beside left.	Turn Touch Side Touch Turn Touch Side Touch	Turning right On the spot Turning right On the spot
<b>Section 4</b> 1 & 2 3 – 4 5 – 8	<b>Chasse Right, Back Rock, Side Touch, Side Touch</b> Step right to side. Close left beside right. Step right to side. Rock back on left. Recover onto right. Step left to side. Touch right beside left. Step right to side. Touch left beside right.	Side Close Side Rock Back Side Touch Side Touch	Right On the spot
<b>Section 5</b> 1 & 2 3 – 4 5 – 8	<b>Chasse Left, Back Rock, Side Touch, Side Touch</b> Step left to side. Close right beside left. Step left to side. Rock back on right. Recover onto left. Step right to side. Touch left beside right. Step left to side. Touch right beside left.	Side Close Side Rock Back Side Touch Side Touch	Left On the spot
<b>Section 6</b> 1 & 2 3 & 4 5 – 6 7 – 8	<b>Mambo Forward, Mambo Back, Jazz Box 1/4 Turn</b> Rock forward on right. Rock back on left. Step right back. Rock back on left. Rock forward on right. Step left forward. Cross right over left. Step left back. Step right 1/4 turn right. Step left beside right. (9:00)	Mambo Forward Mambo Back Cross Back Turn Together	On the spot  Turning right

**Choreographed by:** Nancy Rosera (US) March 2015

**Choreographed to:** 'You And Me' by Solomon Burke from CD Like A Fire; download available from amazon or iTunes (start on vocals)