

**Get Your Groove On**

48 Count, 2 Wall, Improver

Choreographer: Sebastiaan Holtland (NL), April 2015

Choreographed to: It Serves You Right To Suffer by The Avener ft.

John Lee Hooker, CD: The Wanderings of The Avener 2015

**32 count intro.****1-8 Walk, 1/4 R, Side, Together, Out, Hold, Dip, 1/4 R, Knee Roll R, Walks Fwd R-L**

1-2 Walk Rt fwd, turn 1/4 right (3) step Lt to the left

&amp;3-4 Step Rt next to Lt, step Lt out to left, Hold

5-6 Dip body down, coming up turn 1/4 right (6) and roll R knee out to right holding weight onto Lt

7-8 Walk Rt fwd, walk Lt fwd

**9-16 Press, 1/4 R, Sweep, Sailor Step R, Cross, Point, Behind, 1/4 L, Step**

1-2 Press Rt fwd, turn 1/4 right (9) recover on Lf sweep Rt slightly off the ground from front to back

3&amp;4 Step Rt behind Lt, step Lt to the left, step Rt to the right

**5-8 Cross Lt over Rt, point Rt out to right, step Rt behind Lt, turn 1/4 left (6) step Lt fwd****17-24 1/4 Pivot L, Popping Knees R-L, 3/4 Triple Turn L, Back Rock, Recover**

1-4 Step Rt fwd, turn 1/4 left (3) take weight onto Lt, pop R knee fwd, pop L knee fwd weight onto Rt

5&amp;6 Turn 1/4 left (12) step Lt fwd, turn 1/2 left (6) step Rt back, step Lt back

7-8 Rock Rt back, recover on Lt

**25-32 R Hip Push Fwd, L Hip Push Fwd, 1/2 Pivot L, 1/4 Pivot L**

1-4 Point Rt fwd push R hip fwd, step Rt back in place, point Lt fwd push L hip fwd, step Lt back in place

5-8 Step Rt fwd, turn 1/2 left (12) take weight onto Lt, step Rt fwd, turn 1/4 left (9) take weight onto Lt

**33-40 Together, Side, Touch, 2x 1/4 Side Jumps to R, Jump Both Feet Apart, Hold, Hip Roll L**

&amp;1-2 Step Rt next to Lt, step Lt to the left, touch Rt next to Lt

&amp;3&amp;4 Turn 1/4 right (12) small jump to the right on Rt, touch Lt next to Rt, turn 1/4 right (3) small jump to left on Lt, touch Rt next to Lt

&amp;5-6 Jump Both Feet Apart (&amp;5), Hold

7-8 Roll your Hips clockwise ending weight on Lf

**41-48 Step, Point, Step, Point, Behind, 1/4 L, Step, 1/2 Pivot L**

1-4 Step Rt fwd, point Lt out to left, step Lt fwd, point Rt out to right

5-8 Step Rt behind Lt, turn 1/4 left (12) step Lt fwd, step Rt fwd, turn 1/2 left (6) take weight onto Lt

**Tag ending WALL 3 after 48 count (facing 12 o'clock) after start again (Facing 6 o'clock).****Tag: 2x Out, Out, Back, Together.****1-8 2x Step Rt out to right, step Lt out to left, step Rt back, step Lt next to Rt.****Start again and have fun!**