

I'm Worth It

64 Count, 4 Wall, Intermediate

Choreographer: Adam Åstmar (UK) April 2015

Choreographed to: Worth It by Fifth Harmony, (BPM 101)

Count In : 16 counts**S1 KICK, ROCK BACK, RECOVER, HIP BUMPS, BALL, 1/2 TURN, HOOK, STEP, SHUFFLE**

- 1&2 Kick R forward, step R back leaning your body slightly back, recover to L and keep leaning your body back
&3&4 Bump hips L, R, L, R and recover your body to normal position while doing this, end hip bumps with weight on R
&5&6 Step ball of L next to R, step R forward and turn 1/2 to the left, hook L over R while turning to the left on count '&', step L forward (6:00)
7&8 Step R forward, step L behind R, step R forward

S2 MAMBO 1/4 STEP, CROSS SHUFFLE, CROSS STEP, TOUCH BEHIND, STEP, SIDE STEP, CROSS STEP, SIDE STEP

- 1&2 Rock L forward, recover to R, step L back turning 1/4 to the left (3:00)
3&4 Cross R over L, step L behind R, cross R over L
&5&6 Step L behind R, cross step R over L, touch L behind R, step L in place
&7-8 Step R to right side, cross L over R, step R to right side

S3 SAILOR 1/4 TURN, STEP, HITCH, BACK, SHUFFLE 1/2 TURN, MAMBO STEP

- 1&2 Sweep L behind R, turn 1/4 to the left stepping R next to L, step L forward (12:00)
3-4 Step R forward, hitch L forward, step L back
5&6 Shuffle 1/2 to the right stepping R, L, R (6:00)
7&8 Rock L forward, recover to R, step L back

S4 WALK BACK X3, COASTER STEP, PADDLE 1/4 TURN X3, CROSS KICK, BALL

- &1-2 Walk back stepping R, L, R
3&4 Step L back, step R next to L, step L forward
5-6-7 Step R forward and paddle 1/4 to the left x3 (9:00)
8& Cross kick R over L, step ball of R next to L while facing diagonally to the left (7:30)

S5 ROCK, RECOVER 1/8 TURN, BEHIND, SIDE, CROSS STEP, CROSS ROCK, RECOVER, BALL, WALK X2

- 1-2 Rock L forward, recover to R turning 1/8 to right side (9:00)
3&4 Step L behind R, step R to right side, cross L over R
&5-6 Step R behind L, cross rock L over R, recover to R
&7-8 Step ball of L next to R, walk forward stepping R, L

S6 SIDE ROCK, BALL, SIDE ROCK 1/4 TURN, STEP TURN, FULL TURN

- 1-2 Rock R to right side, recover to L
&3-4 Step ball of R next to L, rock L to left side, turn 1/4 to the right and recover to R (12:00)
5-6 Step L forward, turn 1/2 to the right (6:00)
7-8 Turn 1/2 to the right with L, turn 1/2 to the right with R

S7 SIDE BODY ROLL, BALL, SIDE STEP, TOUCH, SIDE BODY ROLL, BALL, SIDE STEP, POP KNEES OUT, TOGETHER

- 1-2 Step L to left side and roll body to the left
&3-4 Step ball of R next to L, step L to left side, touch R next to L
5-6 Step R to right side and roll body to the right
&7&8 Step ball of L next to R, step R next to L, Pop both knees out to sides on balls of feet, bring knees together and heels down

S8 WALK BACK SWEEP X2, COASTER STEP, STEP 3 / 4 TURN, SIDE ROCK, RECOVER, STEP

- 1-2 Step R back & sweep L around, step L back & sweep R around
3&4 Step R back, step L next to R, step R forward
5-6 Step L forward, turn 3/4 to the right (3:00)
7&8 Rock L to left side, recover to R, step L next to R

Bring some attitude when dancing this dance! It makes it a lot funnier!**Have fun!**