



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Hold My Hand

32 Count, 4 Wall, Improver

Choreographer: Natasha Ind (UK) April 2015

Choreographed to: Hold My Hand by Jess Glynne

Start on "Standing".

1 Side Rock, Forward Shuffle, Side Rock Back Shuffle.

- 1-2 Rock Left to left side, recover weight onto Right in place.
- 3&4 Step Left forward, Right beside left, Left Forward
- 5-6 Rock Right to Right side, recover weight onto Left in place
- 7&8 Step Right Back, Left beside left, Right Back

2 Walks back, Coaster Step, Walks forward, Step, Heel swivels.

- 1-2 Step Left back, Step Right back
- 3&4 Step Left back, Right beside Left, Step Left Forward.
- 5-6 Step Right forward, Step Left Forward
- 7&8 Step Right beside Left, on balls of both feet swivel heels left and recover.

3 Step Left to Left side, Right behind Left, 1/4 Shuffle, Side Rock, Behind Side Cross

- 1-2 Step Left to Left side, cross step Right behind left
- 3&4 Making a ¼ step Left to left side, Right beside Left, Left Forward
- 5-6 Rock Right to Right side, recover weight onto Left in place
- 7&8 Step Right behind Left, Left to Left side, Cross Step Right over Left

4 Side Rock, Behind Side Cross, Step, Touch, Point out, In, Out, Flick

- 1-2 Rock Left to Left side, recover weight onto Right in place
- 3&4 Step Left behind Right, Right to Right side, Cross Step Left over Right
- 5-6 Step Right beside Left, Touch Left beside Right
- 7& Touch point Left out to Left side, Touch Left beside Right,
- 8& Touch point Left out to Left side, Flick Left heel up behind Right
(Touch Right hand on left heel for styling).

Enjoy!