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Long Stretch

32 Count, 2 Wall, Improver

Choreographer: Melanie Cheever and Bill McGee (April 2015)

Choreographed to: Long Stretch of Love by Lady Antebellum;
Happy feat. Derek Martin by C2C

16 count intro (32 count intro)

Moving towards 3:00

1-8 Shuffle R,L,R turning ¼ L, Shuffle L,R,L turning ½ L, Shuffle R,L,R turning ¼ L. Behind and Cross

1&2 Shuffle R-L-R to right with 1/4 turn left (facing 9:00)

3&4 Shuffle L-R-L continuing toward 3:00 with 1/2 turn left (facing 3:00)

5&6 Shuffle R-L-R continuing toward 3:00 with 1/4 turn left (facing 12:00)

7&8 Step L behind R, Step R on R, Cross L over R

9-16 Stomp R to R, Hold, And, Cross, And, Behind, Big step, Drag, 1/4 sailor step

1-2 Step R on R, Hold

&3&4 Step L next to R, Cross R over L, Step L on L, Cross R behind L

5-6 Big step L on L, Drag R toward L (weight on L)

7&8 Step Back on R, Step L next to R starting 1/4 turn R, Step R on R finishing 1/4 turn R (facing 3:00)

17-24 Scuff, Hook, Scuff, Hitch, Shuffle back x2

1&2& Scuff L next to R, Hook L over R shin, Scuff L, Hitch

3&4 Shuffle back L,R,L

5&6& Scuff R next to L, Hook R over L chin, Scuff R, Hitch R,

7&8 Shuffle back R,L,R

25-32 Rock, And, Rock, And, Rock. And, Shuffle fwd, Step, Step, Turn, Cross

1&2& Rock back on L, Recover on R, Rock fwd on L, Recover on R

3&4&5 Rock back on L, Recover on R, Shuffle fwd L,R,L

6 Step fwd on R

7&8 Step fwd on L, Turn 1/4 turn R on R, Cross L over R (facing 6:00)