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Twisted Trickster

24 Count, 4 Wall, Improver

Choreographer: Debbie Mabbs (UK) April 2015

Choreographed to: She Keeps Me Up by Nickelback

16 count intro

- 1-8 SWIVEL HEELS OUT & IN X2, RIGHT TOE, OUT IN OUT, RIGHT COASTER STEP
LEFT TOE OUT IN OUT**
1&2& Swivel Both Heels Out, In, X2
3&4 Point right toe to right side, step right toe back beside left instep, point right toe to right side
5&6 Step back on right, step back on left, step right forward
7&8 Point left toe to left side, step left toe back beside right instep, point left toe to left side
- 9-16 LEFT COASTER STEP, SHUFFLE FORWARD ON THE RIGHT, TURN LEFT TURN RIGHT,
1/4 SHUFFLE TO THE LEFT**
1&2 Step back on left, step back on right, step left forward
3&4 Shuffle Forward R-L-R
5 Step L to L side making 1/4 turn to the L (& pose)
6 Step R to R side making 1/2 turn to the R (& pose)
7&8 Shuffle 1/2 turn to the Left L-R-L
- 17-24 MAMBO FORWARD & MAMBO BACK, STEP 1/2 PIVOT, RUN RUN RUN (or Triple Turn)**
1&2 Rock forward On R recover back on L Step right back in place
3&4 Rock back On L recover back on R Step left back in place
5-6 Step forward on R 1/2 Pivot over your L Shoulder (weight is on your L)
7&8 Run Forward R-L-R (or Triple turn over your L Shoulder)
Weight ends on both feet ready to start the dance again.

ENDING On Count 1&2 of Section 3

Rock forward On R, recover back on L, 1/2 turn over R shoulder, stepping down onto R.

Taa Daa !! End Of Dance

Enjoy & Let's Dance xx

Debbie Mabbs (Angels LDC)