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Eat Sleep & Love You

32 Count, 4 Wall, Beginner

Choreographer: Séverine Fillion (FR) April 2015

Choreographed to: Eat Sleep Love You Repeat
by Rodney Atkins

Intro: 16

TOE STRUT & HIP BUMP (RIGHT & LEFT), GRAPEVINE TO RIGHT, TOGETHER

- 1-2 Step right toe forward and hip forward, lower right heel
- 3-4 Step left toe forward and hip forward, lower left heel
- 5-8 Step right side, cross left behind, step right side, step left together

HEEL TWIST, GRAPEVINE TO LEFT, TOGETHER

- 1-2 Swivel heels left, swivel heels center
- 3-4 Swivel heels left, swivel heels center
- 5-8 Step left side, cross right behind, step left side, step right together

HEEL TWIST, JAZZ BOX ¼ TURN

- 1-2 Swivel heels right, swivel heels center
- 3-4 Swivel heels right, swivel heels center
- 5-6 Cross right over, step left back
- 7-8 Turn ¼ right and step right side, step left forward (3:00)

WALKS FORWARD X 3, SIDE POINT, WALKS BACK X 3, SIDE POINT

- 1-4 Step right forward, step left forward, step right forward, touch left side
- 5-8 Step left back, step right back, step left back, touch right side