

Quicksand

64 Count, 4 Wall, Intermediate

Choreographer: Francien Sittrop (NL) April 2015

Choreographed to: Quicksand by Caro Emerald

Intro: 16 Counts**1-8 Side, Rock Back, Recover, Kick Ball Cross, Side, Behind , Side, Cross**

1,3 Step L to L side, Rock R back, Recover on L
4&5 Kick R fwd, Step R down, Step L across R
6 Step R to R side
7&8 Step L behind R, Step R to R side, Step L across R

9-16 Rock Back, Recover, Behind, 1/4 Turn L, Step fwd, Rock fwd, Recover, Coaster Cross

1,2 Rock R to R side, Recover on L
3&4 Step R behind L, 1/4 Turn L step L fwd, Step R fwd (09.00)
5,6 Rock L fwd, Recover on R
7&8 Step L back , Step R next to L, Step L across R

17-24 Side, Together, Side Shuffle, Cross Rock , Recover, Shuffle ¼ Turn L

1,2 Step R to R side, Step L next to R
3&4 Step R to R side, Step L next to R, Step R to R side
5,6 Rock L across R, Recover on R
7&8 L step L fwd, Step R next to L, 1/4 Turn Step L fwd (06.00)

25-32 Shuffle 1/2 Turn L x2, Rock fwd, Recover, Coaster Cross

1&2 1/4 Turn L step R to R side, Step L next to R, 1/4 Turn L step R back
3&4 1/4 Turn L step L to L side, Step R next to L, 1/4 Turn L step L fwd (06.00)
5,6 Rock R fwd, Recover on L
7&8 Step R back, Step L next to R , Step R across L

33-40 Back, Heel fwd ,Hold, Ball Cross, Side, Sailor step 1/4 Turn L, Skates R-L

&1 Step L back, Touch R heel fwd
2 Hold (while you lean your body diagonally L back)
&3,4 Step R next to L, Step L across R, Step R to R side
5&6 Sweep L behind R with 1/4 Turn L, Step R next to L , Step L fwd (03.00)
7-8 Skate R fwd, Skate L fwd

41-48 Syncopated Jazz Box 1/4 Turn R, Behind , Side, Cross, 1/4 Turn R, Touch

1,2& Step R across L, 1/4 Turn R step L back, Step R next to L (06.00)
3,4 Step L across R, Step R to R side
5&6 Step L behind R, Step R to R side, Step L across R
7,8 1/4 Turn R step R fwd, Touch L behind R (09.00) **R**

49-56 Lock steps back x2, Full Turn L with 2 walks and Shuffle

1&2 Step L back, Lock R in front of L, Step L back
3&4 Step R back, Lock L in front of R, Step R back
5,6 1/4 Turn L step L to L side, 1/4 Turn L step R fwd
7&8 1/4 Turn L step L to L side, Step R next to L , 1/4 Turn L step L fwd (09.00)

57-64 Rock fwd, Recover , Rock Side, Recover, Behind, Side, Cross, Touch, Flick

1,2 Rock R fwd, Recover on L
3,4 Rock R to R side, Recover on L
5&6 Step R behind L, Step L to L side, Step R across L
7,8 Touch L to L side, Flick L behind R

Restart : During wall 2 & 4 after count 48 Start again with count 1**Tag: After wall 5**

1,8 Side, Rock back, Recover x2 ,Touch , Flick
1,3 Step L to L side, Rock R back, Recover on L
4,6 Step R to R side, Rock L back, Recover on R
7,8 Touch L to L side, Flick L behind R

Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox)