

**Shove It**

32 Count, 4 Wall, Improver

Choreographer: Roy Verdonk (NL), Miquel Menendez (ES)

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Choreographed to: Shove It - Audrey Auld

**S1 Toe Heel Strut R, Cross Toe Heel Strut L, Mambo Cross R, Toe Heel Strut L, Cross Toe Heel Strut R, Mambo with 1/4 Turn R**

- 1& Rf touch toes right, Rf drop heel down (taking weight on it)  
2& Lf cross toes in front of Rf, Lf drop heel down (taking weight on it)  
3&4 Rf rock right, recover onto Lf (&), Rf cross in front of Lf  
5& Lf touch toes left, Lf drop heel down (taking weight on it)  
6& Rf cross toes in front Lf, Rf drop heel down (taking weight on it)  
7&8 Lf rock left, recover onto Rf making 1/4 turn right (&), Lf step forward (3.00)

**S2 Step R, Touch L, Step L, Touch R, Side R, Together L, Side R, Touch L, Step L, Touch R, Step R, Touch L, Step L, Together R, Step L**

- 1& Rf step right, Lf touch together (&)  
2& Lf step left, Rf touch together (&)  
3& Rf step right, Lf step together (&)  
4& Rf step right, Lf touch together (&)  
5& Lf step left, Rf touch together (&)  
6& Rf step right, Lf touch together (&)  
7& Lf step left, Rf step together (&)  
8 Lf step left

**S3 Jazzbox With 1/4 Turn R, Heel/Flick/Step (2X)**

- 1-2 Rf cross in front of Lf, Lf step back  
3-4 Make 1/4 turn right stepping Rf right, Lf step forward (6.00)  
5&6 Rf touch heel forward, Rf flick heel right (&), Rf step forward  
7&8 Lf touch heel forward, Lf flick heel left (&), Lf step forward

**S4 Step, 1/2 Turn L, Step, 1/2 Turn L, Step, 1/4 Turn L With Hitch, Walks L/R/L**

- 1-2 Rf step forward, make 1/2 turn left stepping Lf forward  
3-4 Rf step forward, make 1/2 turn left stepping Lf forward  
5-6 Rf step forward, make 1/4 turn left hitching left knee up  
7&8 Lf step forward, Rf step forward (&), Lf step forward