

Is This Love

64 Count, 4 Wall, Improver

Choreographer: Margaret Adams (UK) March 2015

Choreographed to: We Only Live Once by Shannon Noll

32 count intro

S1: (WALK FORWARD R/L, FORWARD SHUFFLE) X 2

- 1 – 2 WALK FORWARD RIGHT. WALK FORWARD LEFT.
- 3 & 4 STEP RIGHT FORWARD. CLOSE LEFT BESIDE RIGHT. STEP RIGHT FORWARD
- 5 – 6 WALK FORWARD LEFT. WALK FORWARD RIGHT.
- 7 & 8 STEP LEFT FORWARD. CLOSE RIGHT BESIDE LEFT. STEP LEFT FORWARD (12:00)

S2: KICK BALL POINT X 2 SAILOR STEP X 2

- 1 & 2 KICK RIGHT FORWARD. STEP RIGHT BESIDE LEFT. POINT LEFT TO LEFT SIDE
- 3 & 4 KICK LEFT FORWARD. STEP LEFT BESIDE RIGHT. POINT RIGHT TO RIGHT SIDE
- 5 & 6 CROSS RIGHT BEHIND LEFT. STEP LEFT TO SIDE. STEP RIGHT TO SIDE
- 7 & 8 CROSS LEFT BEHIND RIGHT. STEP RIGHT TO SIDE. STEP LEFT TO SIDE (12:00)

S3: STEP PIVOT ½ HEEL SWITCHES. STEP PIVOT ½ HEEL SWITCHES.

- 1 – 2 STEP RIGHT FORWARD. PIVOT ½ TURN LEFT.
- 3 & 4 TOUCH RIGHT HEEL FORWARD STEP LEFT BESIDE RIGHT TOUCH LEFT HEEL FORWARD.
- & 5 – 6 STEP LEFT FORWARD PIVOT ½ TURN RIGHT. (12:00)
- 7 & 8 TOUCH LEFT HEEL FORWARD. STEP RIGHT BESIDE LEFT. TOUCH RIGHT HEEL FORWARD.

S4: CROSS ROCK. CHASSE CROSS ROCK CHASSE ¼ TURN

- 1 – 2 CROSS ROCK RIGHT OVER LEFT. RECOVER ONTO LEFT.
- 3 & 4 STEP RIGHT TO SIDE. CLOSE LEFT BESIDE RIGHT. STEP RIGHT TO SIDE.
- 5 – 6 CROSS ROCK LEFT OVER RIGHT. RECOVER ONTO RIGHT.
- 7 & 8 STEP LEFT TO SIDE. CLOSE RIGHT BESIDE LEFT. TURN ¼ STEPPING LEFT FORWARD. (9:00)

S5: KICK BALL STEP X 2 STEP PIVOT X 2

- 1 & 2 KICK RIGHT FORWARD. STEP BALL OF RIGHT BESIDE LEFT, STEP LEFT FORWARD.
- 3 & 4 KICK RIGHT FORWARD. STEP BALL OF RIGHT BESIDE LEFT, STEP LEFT FORWARD.
- 5 – 6 STEP RIGHT FORWARD. PIVOT ½ TURN LEFT.
- 7 – 8 STEP RIGHT FORWARD. PIVOT ½ TURN LEFT. (9:00)

S6: FORWARD ROCK SHUFFLE ½ TURN X 2

- 1 – 2 ROCK FORWARD ON RIGHT. RECOVER ONTO LEFT.
- 3 & 4 SHUFFLE STEP ½ TURN. STEPPING – RIGHT. LEFT. RIGHT.
- 5 – 6 ROCK FORWARD ON LEFT. RECOVER ONTO RIGHT.
- 7 & 8 SHUFFLE STEP ½ TURN LEFT. STEPPING – LEFT. RIGHT. LEFT. (9:00)

S7: FORWARD ROCK. COASTER STEP X 2

- 1 – 2 ROCK FORWARD ON RIGHT. RECOVER ONTO LEFT.
- 3 & 4 STEP RIGHT BACK. STEP LEFT BESIDE RIGHT. STEP RIGHT FORWARD.
- 5 – 6 ROCK FORWARD ON LEFT. RECOVER ONTO RIGHT.
- 7 & 8 STEP LEFT BACK. STEP RIGHT BESIDE LEFT. STEP LEFT FORWARD. (9:00)

S8: FORWARD ROCK. SHUFFLE ½ TURN. FORWARD ROCK COASTER STEP.

- 1 – 2 ROCK FORWARD ON RIGHT. RECOVER ONTO LEFT.
- 3 & 4 SHUFFLE STEP ½ TURN. STEPPING RIGHT. LEFT. RIGHT.
- 5 – 6 ROCK FORWARD ON LEFT. RECOVER ONTO RIGHT.
- 7 & 8 STEP LEFT BACK. STEP RIGHT BESIDE LEFT. STEP LEFT FORWARD. (3:00)