

Mash Up

64 Count, 4 Wall, Improver

Choreographer: Laura Sway (UK) March 2015

Choreographed to: Generation Disco Medley by Best Of Disco Medleys (3:50)

Notes: get singing to the old classics.

1-8 Grapevine right, step across, right Chasse, rock back , recover.

1234 Step right to right side, step left behind right, step right to right side, step left across right.

5&6 Step right to right side, step left to right, step right to right side.

78 Rock back on the left, recover weight onto right.

9-16 Grapevine left, step across, left Chasse, rock back, recover.

1234 Step left to left side , step right behind left, step left to left side, step right across left.

5&6 Step left to left side, step right to left, step left to left side.

78 Rock back on the right, recover weight onto left.

RESTART wall 4

17-24 Step right, kick left, step left, kick right, jazz box, scuff.

1234 Step right to right side, kick left diagonally forward across right. Repeat to the left.

Tag here on wall 7

5678 Step right across left, step back on the left, step right slightly to right side, scuff left forward.

25-32 Step ½ turn right step, clap. Step ¼ turn left step, clap.

1234 Step forward on the left, pivot ½ over right shoulder, step forward on the left, clap.

5678 Step forward on the right, pivot ¼ over left shoulder, step forward on the right, clap.

33-40 Walk forward x3, kick right, walk back x2, right coaster step.

1234 Walk forward left, right, left. Kick right forward.

56 7&8 Walk back right, left. Step back on the right, step left to right, step forward on the right.

41-48 Point side, hitch, point side, flick, grapevine left, touch.

1234 Point left to left side, hitch left knee up, point left to left side, flick left leg behind.

5678 Step left to left side, step right behind left, step left to left side, touch right beside left.

49-56 Turning vine right, touch, step side, touch, step side, touch (rolling arms in front of body)

1234 Making a full turn traveling to the right step right, left, right, touch left beside right.

5678 Step left to left side, touch right slightly to right side, step right to right side, touch left slightly to left side

57-64 Rock forward recover, shuffle ½ left, jump out out, clap, hip bumps x2

12 Rock forward on the left, recover weight onto right.

3&4 Making ½ turn over left shoulder, step forward on the left, step right to left, step forward on the left.

&56 78 Jump right out, then left out, clap. Bump hips to the right, bump hips to the left.

TAG – end of wall 5, & wall 7 after 20 counts

1-4 Left jazz box with a touch.

1234 Cross right over left, step back on the left, step right to right side, cross left over right.

RESTART – wall 4 after 16 counts