



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## I Promise

56 Count, 4 Wall, Intermediate

Choreographer: Phil Carpenter (UK) March 2015

Choreographed to: I Promise by Texas Lightning, CD:  
Meanwhile Back At The Ranch (iTunes)

---

Start on vocals 'And I Promise To Love You' as main beat kicks in, approx 27 secs in

**1 RIGHT & LEFT CROSS POINTS, WALK FORWARD, RIGHT KICKBALL ½ TURN LEFT.**

- 1 – 2 Right cross over Left, Point Left to Left side,  
3 - 4 Left cross over Right, point Right to Right side,  
5 – 6 Walk forward Right, Left  
7 & 8 Right kick forward, Right step forward slightly, ½ Turn Left. (6.00)(w.o.l.)

**2 RIGHT & LEFT CROSS POINTS, WALK FORWARD, RIGHT KICKBALL ½ TURN LEFT.**

- 9 – 16 REPEAT STEPS 1 – 8 (12.00)

**Restart dance at this point during Walls 2 (3.00) & 5 (9.00)**

**3 RIGHT CROSS ROCK, RECOVER, TRIPLE ¾ TURN RIGHT, LEFT ROCK RECOVER, LEFT COASTER STEP.**

- 17 - 18 Right cross over Left, Recover weight on Left.  
19 & 20 Triple ¾ Right turn stepping Right, Left, Right. (9.00)  
21 – 22 Left rock forward, Recover weight on Right.  
23 & 24 Left step back, Right step beside Left, Left step forward.

**4 RIGHT SIDE & TOUCH, LEFT SIDE TURNING ¼ LEFT & TOUCH, WALK BACK RIGHT, LEFT, RIGHT SHUFFLE BACK.**

- 25 – 26 Right step to Right side, Left touch beside Right.  
27 – 28 Left step to Left side turning ¼ Left, Right touch beside Left. (6.00)  
29 – 30 Walk back Right, Left  
31 & 32 Right step back, Left step beside Right, Right step back.

**5 LEFT BACK ROCK ,RECOVER, LEFT SHUFFLE FORWARD, RIGHT HEEL DIG, RIGHT HEEL DIG TURNING ¼ RIGHT, RIGHT HEEL BALL CROSS, HOLD.**

- 33 – 34 Left rock back, Recover weight on Right.  
35 & 36 Left step forward, Right step beside Left, Left step forward  
37 – 38 Right heel dig fwd, On ball of Left swivel ¼ turn Right and dig Right heel fwd.(9.00)  
& 39–40 Right step back, Left cross over Right, Hold.

**6 SIDE RIGHT WITH HIPS SWAYS RIGHT AND LEFT, CHASSE RIGHT, LEFT CROSS ROCK, SHUFFLE LEFT TURNING ¼ TURN LEFT.**

- 41 – 42 Right step to Right side swaying hips Right, Sway hips back to Left (w.o.l.)  
43 & 44 Right step to Right, Left step beside Right, Right step to Right side.  
45 – 46 Left cross over Right, Recover weight on Right  
47 & 48 Left step to Left turning ¼ turn Left, Right step beside Left, Left step forward. (6.00)

**7 MODIFIED MONTEREY ¼ TURN RIGHT, & WALK FORWARD RIGHT, LEFT, RIGHT FORWARD, PIVOT ½ TURN LEFT.**

- 49 – 50 Right touch to Right side, on ball of Left pivot ¼ turn Right stepping Right beside Left.  
51 - 52 Left point to Left side, Hold.  
& 53 - 54 Left step beside Right, Walk forward Right, Left  
55 – 56 Right step forward, Pivot ½ Turn Left. (w.o.l.) (3.00)

**Restart required during wall 2 & 5.**

**Big Finish: Wall 7, only dance steps 1 –48, you will be facing 6.00. Then as follows.**

- 49 – 50 Right touch to Right side, on ball of Left pivot ½ turn Right stepping Right beside Left. (12.00)  
51 – 52 Left point to Left side, Hold.  
& 53–54 Left step beside Right, Walk forward Right, Left.  
55 & 56 Right step forward, Left Step beside Right, Right step forward.  
57 Left step forward, Finish with a flourish Ta Dah.

