

## I Hate Myself

32 Count, 4 Wall, Intermediate

Choreographer: Guyton Mundy (USA) March 2015

Choreographed to: I Hate Myself for Loving You by Joan Jett and the Blackhearts

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### 32 count intro after hard beat.

**1-8 Walk, out, sailor, behind, 1/4, rock/recover, back, 1/2**

- 1-2 walk forward on right, step left out to left side
- 3&4 step right behind left, step together with left, step right to right
- &5 step left behind right, make a 1/4 turn to right stepping forward on right
- 6&7 rock forward on left, recover on right, step back on left
- 8 make a 1/2 turn to right stepping forward on right

**9-16 1/2 chasse turn, walk X2, cross, back, side, cross, 1/4**

- 1&2 step forward on left, make a 1/2 turn to right stepping down on right, step forward on left
- 3-4 walk forward right, left
- 5&6 cross right over left, step back on left, step right to right side
- 7-8 cross left over right, step back on right as you make a 1/4 turn to left

**TAG # 3. Here you will change steps, cross left over right, step back on right, make a 1/4 turn to the left to face the front wall and step forward on left, counts will be 7&8. You will start the Tag on the front wall**

**17-24 1/4, cross, back side, forward syncopated weave, step**

- 1-2 make a 1/4 turn to left as you step forward on left, cross right over left
- 3-4 step back on left, step right to right
- 5&6 step forward on left, step right behind, step forward on left
- &7-8 step forward on right, step left behind right, step forward on right

**25-32 Rock/recover, back, 1/2, 1/2 chase, walk, triple**

- 1&2 rock forward on left, recover on right, step back on left
- 3 make a 1/2 turn to right stepping forward on right
- 4&5 step forward on left, make a 1/2 turn to right stepping down on right, step forward on left
- 6 step forward on right
- 7&8 step forward on left, step together with right, step forward on left

**Tag will be done after the 2nd and the 6<sup>th</sup> walls and after 16 counts of the 9th wall**

**TAG..... The Tag is 8 counts and is done 3 times in the dance.**

- 1-8 cross, back, back, cross, rock back recover, walk X2
- 1-2 cross right over left, step back on left
- 3-4 step back on right, cross left over right
- 5-6 rock back on right, recover on left
- 7-8 walk forward right, left