

## Adele

32 Count, 4 Wall, Improver

Choreographer: Valou (FR) March 2015

Choreographed to: Doin' Dirt by Maroon 5 (125 bpm)

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Start dancing on lyrics

### **PADDLE ¼ TURN, CROSS SIDE, ROCK, SHUFFLE**

- 1-2 Turn 1/8 left and touch right side, turn 1/8 left and touch right side
- 3-4 Cross right over, step left side
- 5-6 Rock right back, recover to left
- 7&8 Chassé forward right-left-right

### **STEP ½ TURN, TOE POINT, POINT TOE BRUSH, CROSS BACK**

- 1-2 Step left forward, turn ½ right (weight to right)
- 3-4 Touch left side, step left together
- 5-6 Touch right side, step right together
- 7-8 Cross left over, step right diagonally back

### **BACK CROSS, ROCK, CROSS SHUFFLE, SLIDE**

- 1-2 Step left diagonally back, cross right over
- 3-4 Rock left side, recover to right
- 5&6 Crossing chassé left-right-left
- 7-8 Big step right side, drag left toward right

### **CROSS SIDE, HOLD SIDE, TOUCH SIDE, SAILOR STEP**

- 1-2& Step left together, cross right over, step left side
- 3&4 Hold, step right side, step left side
- 5-6 Touch right together, step right side
- 7&8 Left sailor step