



Approved by:



If You Can

4 WALL – 32 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Walk Walk, Lock Steps Diagonally Forward, Step 1/2 Turn		
1 – 2	Step forward right. Step forward left.	Walk Walk	Forward
3 & 4	(On right diagonal) Step right forward. Lock left behind right. Step right forward.	Right Lock Right	
5 & 6	(On left diagonal) Step left forward. Lock right behind left. Step left forward.	Left Lock Left	
7 – 8	Step right forward. Turn 1/2 left stepping left forward. (6:00)	Step Half	Turning left
Section 2	Step 1/2 Turn With Sweep, Sailor 1/4 Turn, Forward Mambo, 1/4 Turn Touch		
1 – 2	Step right forward. Turn 1/2 left sweeping left from front to back. (12:00)	Step Half	Turning left
3 & 4	Cross left behind right. Turn 1/4 right stepping right forward. Step left forward. (3:00)	Behind Quarter Step	Turning right
5 & 6	Rock forward on right. Rock back on left. Step right back.	Mambo Forward	On the spot
7 – 8	Turn 1/4 left stepping left to side. Touch right to side. (12:00)	Quarter Touch	Turning left
Section 3	Rolling Full Turn Into Chasse Right, Diamond Pattern With 1/2 Turn		
1 – 2	Turn 1/4 right stepping right forward. Turn 1/2 right stepping left back.	Quarter Half	Turning right
3 & 4	Turn 1/4 right stepping right to side. Close left beside right. Step right to side.	Quarter Chasse	
5 & 6	Cross left over right. Step right to side. Turn 1/8 left stepping left back on diagonal.	Cross & Turn	Turning left
7 &	Step right back on diagonal. Turn 1/8 left stepping left to side. (9:00)	Back Turn	
8	Turn 1/8 left stepping right forward. (7:30).	Turn	
Section 4	1/8 Turn, Side, Sailor 1/4 Turn, Forward Mambo, Back, 1/2 Turn, Step		
1 – 2	Turn 1/8 left crossing left over right. Step right to side. (6:00)	Turn Side	Turning left
3 & 4	Cross left behind right. Turn 1/4 left stepping right to side. Step left forward. (3:00)	Sailor Quarter Turn	Turning left
5 & 6	Rock forward on right. Rock back on left. Step right back.	Mambo Forward	On the spot
7 & 8	Step left back. Turn 1/2 right stepping right forward. Step left forward. (9:00)	Back Half Step	Turning right

Choreographed by: Roy Verdonk and Jose Miguel Belloque Vane (NL) February 2015

Choreographed to: 'If You Can' by Jolie Holliday from CD Somebody Who Can; download available from amazon or iTunes (32 count intro)



A video clip of this dance is available at www.linedancerweb.com