

## Feeling Blue At Mardi Gras

32 Count, 4 Wall, Improver, Bosa Nova

Choreographer: Jean Louis Lequeux (FR) Feb 2015

Choreographed to: A Day In The Life Of A Fool by Frank Sinatra

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**RF: right foot; LF: left foot; LA: legs apart; FT: feet together: WoRF: weight on RF; WoLF weight on LF**

### Start with lyrics

#### **1 SWEEPS FORWARD (RF, LF, RF), TOUCH; SWEEPS BACK, ¼ TURN LEFT**

- 1,2 Sweep RF forward on right diagonal, sweep LF near RF and continue sweeping on left diagonal
- 3,4 Sweep RF forward near LF and continue sweeping on the right diagonal, left toes touch RF, WoLF
- 5,6 Sweep RF back on right diagonal, sweep LF near RF and continue sweeping on left diagonal
- 7,8 Sweep RF back near LF and continue sweeping on left diagonal, LF back and ¼ turn left (pivot on right toes), WoLF

#### **2 BOSA NOVA BOX, JAZZ BOX ¼ TURN LEFT**

- 1,2 RF forward, LF near RF
- 3,4 RF back behind LF, left toes touch RF
- 5,6 LF crosses RF (RF behind), RF near LF
- 7,8 LF back ¼ turn left, RF near LF

#### **3 STEP RIGHT, BEHIND, ¼ TURN LEFT, RF BEHIND ¼ TURN LEFT, TOUCH; STEP LEFT, RF BEFORE ¼ TURN, ¼ TURN LEFT, TOUCH**

- 1,2 Stretch right leg on right side pointing toes, LF behind RF ¼ turn left
- 3,4 RF far behind pointing toes ¼ turn left, left toes touch RF
- 5,6 Stretch left leg on left side pointing toes, RF before FT, ¼ turn left
- 7,8 RF far forward pointing toes, ¼ turn left, right toes touch LF

#### **4 INVERTED BOSA NOVA BOX, JAZZ BOX**

- 1,2 RF back, LF near RF
- 3,4 RF forward before LF, left toes touch RF
- 5,6 LF crosses RF (RF behind), RF near LF
- 7,8 LF back ¼ turn left, RF near LF

**Do it again, folks!**

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