

Capone

48 Count, 4 Wall, Intermediate, Foxtrot

Choreographer: Karen Tripp (Can) Feb 2015

Choreographed to: Capone by Ian Lumley. Album: Ballroom Nights 2

Wait: 16 counts from main downbeat, right foot lead

1 STEP, CROSS KICK WITH SNAPS - 4 TIMES

1-4 Step side right, kick left across (with snap), step side left, kick across right (snap)

5-8 Repeat steps 1-4

2 FOXTROT FORWARD BOX

9-12 Step forward right, hold, step side left, close right to left

13-16 Step back left, hold, step side right, close left to right

3 FOXTROT VINE ¼ RIGHT, LEFT ROCKING CHAIR

17-20 Step side right, hold, cross left behind, turn ¼ right and step right

21-24 Rock forward on left, recover to right, rock back on left, recover to right

4 FORWARD, CROSS, UNWIND ½ LEFT, SIDE SWAY RIGHT AND LEFT

25-28 Step left forward, hold, cross right over left and unwind left over 2 counts

29-32 Step side right and sway right, step side left and sway left

***Restart here on Wall 2 (6:00) and Wall 4 (12:00)**

5 PROGRESSIVE FOXTROT BOX FORWARD

33-36 Step forward right, hold, step side left, close right to left

37-40 Step forward left, hold, step side right, close left to right

6 BACK STAIRS – 2X

41-44 Step back right, close left to right, step side right, close left to right

45-48 Step back right, close left to right, step side right, close left to right

Restarts:

On Wall 2 facing 6:00 after 32 counts,

On Wall 4 facing 12:00 after 32 counts

ENDING: Start the last repetition facing 9:00. The dance ends on Count 32. You will be facing 12:00 when you start Cross and Unwind, use beats 29-32 do a full Unwind Left Turn to face 12:00.

Music www.casa-musica.de
