

Bachata La Vida

64 Count, 4 Wall, Intermediate

Choreographer: Eva Pau (Can) Feb 2015

Choreographed to: Para Una Amiga Especial by Unknown

32 count Intro – to be done after 16 count of music

1st section – Rumba box

2nd section – Left rolling vine, disco touches

3rd section – Right rolling vine, disco touches

4th section – Hip sways, back rock recover x 2

1 RUMBA BOX

1-4 Step L fwd, touch R together, step R to R, step L together

5-8 Step R back, touch L together, step L to L, step R together

2 L ROLLING VINE, TOUCH, R CHASSE, BACK ROCK RECOVER

1-4 Step L fwd $\frac{1}{4}$ L, step R back $\frac{1}{2}$ L, step L to L $\frac{1}{4}$ L, touch R together

5&6 7-8 Step R to R, step L together, step R to R, rock L back, recover to R

3 L WEAVE, FWD ROCK RECOVER, $\frac{1}{2}$ L FWD SHUFFLE

1-4 Step L to L, step R behind L, step L to L, cross R over L

5-6 7&8 Rock L fwd, recover to R, shuffle fwd L R L $\frac{1}{2}$ turn L

4 CROSS, SIDE ROCK RECOVER CROSS, SIDE, BEHIND, $\frac{1}{4}$ R, STEP PIVOT $\frac{1}{2}$ R

1-2&3-4 Cross R over L, rock L to side, recover to R, cross L over R, step R to R

5-8 Step L behind R, step R fwd $\frac{1}{4}$ turn R, step L fwd, pivot $\frac{1}{2}$ turn R

5 FWD ROCK RECOVER, FWD SHUFFLE L & R

1-2 3&4 Rock L fwd, recover to R, shuffle fwd L R L

5-6 7&8 Rock R fwd, recover to L, shuffle fwd R L R

6 CROSS, $\frac{1}{4}$ L, $\frac{1}{4}$ L, FWD, ROCKING CHAIR

1-4 Cross L over R, step R back $\frac{1}{4}$ turn L, step L fwd $\frac{1}{4}$ turn L, step R fwd

5-8 Rock L fwd, recover to R, rock L back, recover to R

Restart here at 3rd wall (facing 3:00)

7 SIDE ROCK RECOVER, HIP SWAYS, SIDE ROCK RECOVER, SAILOR SHUFFLE $\frac{1}{4}$ R

1-2 3&4 Rock L to L, recover to R, sway L R L

5-6 7&8 Rock R to R, recover to L, step R behind L $\frac{1}{4}$ turn R, step L together, step R fwd

8 STEP PIVOT $\frac{1}{2}$ R, $\frac{1}{4}$ R, TOUCH, SIDE SHUFFLE, BACK ROCK RECOVER

1-4 Step L fwd, pivot $\frac{1}{2}$ turn R, step L to L $\frac{1}{4}$ R, touch R together

5&6 7-8 Side shuffle R L R, rock L back, recover to R

TAG = 1st & 2nd section of dance to be done at the end of 1st & 5th wall (facing 9:00)

Music video: <https://www.youtube.com/watch?v=rJfsG70aW04>