

HEEL GRINDS & COASTERS RIGHT AND LEFT

- 1 - 2 Grind right heel forward, recover weight on left
3 & 4 Step right foot back, step left foot together, step right foot forward
5 - 6 Grind left heel forward, recover weight on right
7 & 8 Step left foot back, step right foot together, step left foot forward

STEP RIGHT 1/2 TURN, OUT, OUT, IN,IN, OUT, OUT

- 9 - 10 Step right 1/2 turn
11 - 12 Step out forward right, step out forward left
13 - 14 Step back in place right, step back in place left
15 - 16 Step out forward right, step out forward left

HIP BUMPS AND HEELS FORWARD

- 17 - 20 Bump hips left twice, bump hips right twice
21 & Touch left heel forward, step back left
22 & Touch right heel forward, step back right
23 & Touch left heel forward, step back left
24 & Touch right heel forward, touch right toe beside left

RIGHT FORWARD, SIDE, BACK, STEP FORWARD, LEFT FORWARD, SIDE, BACK, STEP FORWARD.

- 25 - 26 Touch right heel forward, touch right toe to right side
27 - 28 Touch right toe back, step forward on right.
29 - 30 Touch left heel forward, touch left toe to left side
31 - 32 Touch left toe back, step forward on left

REPEAT
