

... Focus on Kate Sala





Well, this just had to be included. It was popular for a very long time and enjoyed in many different countries, great song by KT Tunstall. The music had a lot of air play here in the UK which always helps. I also went on the BBC television children's programme with four of my then youngest dancers where we performed the dance and also taught a simplified version of it to the presenters and other children. That was a great honour and day! Thanks to Linedancer Magazine's Steve Healy for putting the television crew in touch with me. 'Oh' and it won 'Intermediate Dance Of The Year 2005' at the Linedancer Magazine Crystal Boot Awards!

Black Horse

4 WALL - 32 COUNTS - INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Forward Lock Step, Walks x 2, Side Rock 1/4 Turn, & Cross Shuffle.		
1 & 2	Step left forward. Lock right behind left. Step left forward.	Left Lock Step	Forward
3 - 4	Step right forward. Step left forward.	Walk Walk	
5 & 6	Rock right to right side. Recover weight to left turning 1/4 left. Cross right over left.	Rock Turn Cross	Turning left
Restart 2:-	During 7th wall, facing 3 o'clock restart dance from beginning at this point.		
& 7	Step left to left side. Cross right over left.	& Cross	Left
& 8	Step left to left side. Cross right over left.	& Cross	
Section 2	Touch, Heel Dig, Hitch, Heel Dig, Touch, Pivot 1/4 Left, Coaster Step.		
1 & 2	Touch left to left side. Step left beside right. Dig right heel forward.	Side & Heel	On the spot
& 3	Step right beside left. Hitch left knee.	& Hitch	
& 4	Step left beside right. Dig right heel forward.	& Heel	
& 5	Step right beside left. Touch left to left side.	& Touch	
6	Pivot 1/4 turn left keeping weight back on right.	Turn	Turning left
7 & 8	Step left back. Step right beside left. Step left forward.	Coaster Step	
Section 3	Rock Step 1/4 Turn, Cross 1/2 Turn, Kick, Step Out, Touch Ball Cross.		
1 &	Rock right forward. Recover back onto left.	Rock &	On the spot
2	Turn 1/4 right stepping right to right side.	Turn	Turning right
3 &	Cross left over right. Turn 1/4 left stepping right back.	Cross &	Turning left
4	Turn 1/4 left stepping left to left side.	Turn	
5 & 6	Kick right forward across left. Step right in place. Step left to left side.	Kick & Out	On the spot
7 & 8	ouch right to left instep. Step right in place. Cross left over right.	Touch Ball Cross	
Section 4	1/4 Turn, Back Touch, Knee Pop, Heel Dig, Sweep 1/4 Touch, Hip Bumps.		
1 & 2	Turn 1/4 left stepping right back. Step left back. Touch right forward.	Turn & Touch	Turning left
& 3	Step right beside left. Pop left knee forward.	& Knee	On the spot
& 4	Step left beside right. Dig right heel forward.	& Heel	
& 5	Step right beside left. Sweep left out and around turning 1/4 right.	& Turn	Turning right
6	Touch left beside right.	Touch	On the spot
Restart 1:-	During 3rd wall facing 9 o'clock restart dance from beginning at this point.		
7 - 8	Bump left hip to left side twice.	Bump Bump	

Choreographed by:

Kata Sala UK April 2005.

'Black Horse & The Cherry Tree' (105 bpm) by KT Tunstall from 'Eye To The Telescope' CD, 16 count

Para Llemarne De Ti' (102 bpm) by Daniel Vela from 'Playa Total 9' CD, 8 count intro.



A video clip of this dance is available at www.linedancermagazine.com