

## Lifetime Dreams

32 Count, 2 Wall, Improver  
Choreographer: Jan Wyllie (Australia)  
Jan 2015

Choreographed to: Once In A Lifetime by Heartbeat. Album:  
Once In Lifetime (128 bpm)

---

### 16 count intro

#### **Shuffle Fwd Stomp Fwd Hold Rock Fwd Recover Toe Strut Back**

1,2,3,4 Shuffle fwd RLR, Stomp fwd on L, Hold

5,6,7,8 Rock/step fwd on R, Recover back on L, Step back on R toe, Drop R foot

#### **Shuffle Back 1/4 Rocks Side Slide Side Slide**

9&10 Shuffle back LRL

11,12 Making 1/4 right rock/step R to right, Rock/step L to left

13,14 Big step to right, Slide L to touch beside R

15,16 Big step to left, Slide R to touch beside L

#### **Shuffle Fwd Step Pivot 1/2 Shuffle Fwd Step Pivot 1/4**

17&18 Shuffle fwd RLR

19,20 Step fwd on L, Pivot 1/2 right transferring wt to R

21&22 Shuffle fwd LRL

23,24 Step fwd on R, Pivot 1/4 left transferring wt to L

#### **Rock Fwd Recover Step Back Hold Step Back Tap Walk Fwd**

25-28 Rock/step fwd on R, Recover back on L, Step back on R, Hold

29,30 Step back on L, Tap R beside L

31,32 Walk fwd RL

**Hope you enjoy this easy little dance.**

**Heartbeat are Aussies who sing at various clubs around our country....**

**So you might find them in a club near you very soon.**

**See you on the floor sometime.... Jan**

**Thank you to Henrico from The Netherlands for this song - an Aussie song too**

---