

## Bottle It Up

32 Count, 4 Wall, Beginner

Choreographer: Gloria Johnson (USA) Dec 2014

Choreographed to: Bottle Your Crazy Up by Eileen Carey

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Intro: 16

### **SIDE STEPPING RIGHT**

- 1-2 Step right slightly side, step left together
- 3-4 Step right slightly side, step left together
- 5-6 Step right slightly side, step left together
- 7-8 Step right slightly side, touch left together

### **SIDE STEPPING LEFT WITH GRADUAL TURN LEFT**

- 1-2 Step left slightly side, step right together
  - 3-4 Step left slightly side, step right together
  - 5-6 Step left side, step right together
  - 7-8 Turn  $\frac{1}{4}$  left and step left side, touch right together
- When dancing steps 1-16, move shoulders and hips

### **SCISSORS STEPS**

- 1-2 Step right side, slide/step left together
- 3-4 Cross right over, hold
- 5-6 Step left side, slide/step right together
- 7-8 Cross left over, hold

### **CHARLESTON**

- 1-2 Step right forward, kick left forward
- 3-4 Step left back, touch right back
- 5-6 Step right forward, kick left forward
- 7-8 Step left back, touch right back