

**Shake It Off**

INTERMEDIATE

64 Count 4 Walls

Choreographed by: Peter Metelnick

Choreographed to: Shake It Off by Taylor Swift

- 1 - 8 R fwd step/lock/step/scuff, L fwd step/lock/step/scuff**  
1 - 4 On slight right diagonal: step R forward, lock L behind R, step R forward, scuff L forward  
5 - 8 On slight left diagonal: step L forward, lock R behind L, step L forward, scuff R forward
- 9 - 16 1/4 R jazz box, 1/8 R heel step, 1/8 R heel step**  
1 - 4 Cross step R over L, step L back, turning 1/4 right step R side, step L forward (3:00)  
5 - 8 Touch R heel forward, turning 1/8 right step R down, touch L heel forward, turning 1/8 right step L down (6:00)
- 17 - 24 R fwd, twist L together & touch, L fwd diagonal step touch, R back diagonal step touch**  
1 - 4 Step R forward on right diagonal (bigger step), twist L heel in, twist L toes in, touch L together  
5 - 8 Step L forward on left diagonal, touch R together, step R back on right diagonal, touch L together
- 25 - 32 L back & hip bumps, 1/4 R step touch, 1/2 L step scuff**  
1 - 4 Step L back on left diagonal bumping hips L, bump hips R, bump hips L, touch R together  
5 - 8 Step R side, touch L together turning body 1/4 to right, turning body 1/2 left step L forward, scuff R forward (3:00)

**TAG/RESTART WALL 7:**

During wall 7 which starts facing the back wall, dance the first 32 counts to end facing left side wall. Add the 8 count Tag and Restart the dance facing the back wall.

- 1 - 4 Step R forward, hold, pivot 1/4 left, hold**
- 5 - 8 Bump hips R, L, R, as you sway your hips to the left touch R together**
- 33 - 40 R fwd rock/recover, R back, L kick/hitch, L back, R back, L back rock/recover**  
1 - 4 Rock R forward, recover weight on L, step R back, kick/hitch L  
5 - 8 Step L back, step R back, rock L back, recover weight on R
- 41 - 48 L side toe strut, R back rock/recover, grapevine right**  
1 - 4 Touch L toes side, step L down, rock R back, recover weight on L  
5 - 8 Step R side, cross step L behind R, step R side, cross step L over R
- 49 - 56 R side toe strut, L back rock/recover, grapevine left with 1/2 L & scuff/hitch**  
1 - 4 Touch R toes side, step R down, rock L back, recover weight on R  
5 - 8 Step L side, cross step R behind L, turning 1/4 left step L forward, turning 1/4 left on L scuff/hitch R (9:00)
- 57 - 64 R side & bump hips R, bump L, bump R, touch R together, 1/2 R Monterey turn with claps**  
1 - 4 Step R side bumping hips, bump hips L, bump hip R, bump hips L touching R together  
5 - 8 Point R side, turning 1/2 right step R together, point L side, step L together (3:00)
- Optional claps on 6-7-8 as you execute the Monterey turn which hits the claps in the song**
- ENDING: Step R forward and strike a pose!**