

TURN 1/4 LEFT - STEP FORWARD RIGHT, ROCK BACK LEFT, TURN 1/4 RIGHT - STEP RIGHT TO RIGHT SIDE, TURN 1/4 RIGHT - STEP FORWARD LEFT, ROCK BACK RIGHT, TURN 1/4 LEFT - STEP LEFT TO LEFT SIDE

1 & 2 (Turn 1/4 turn left) step forward on right, rock back on left, (turn 1/4 turn right), step right to right side
3 & 4 (Turn 1/4 turn right) step forward on left, rock back on right, (turn 1/4 turn left), step left to left side

STEP FORWARD RIGHT, ROCK BACK LEFT, TURN 1/4 RIGHT - STEP RIGHT TO RIGHT SIDE, TURN 1/4 RIGHT - STEP FORWARD LEFT, ROCK BACK RIGHT, TURN 1/4 LEFT - STEP LEFT TO LEFT SIDE

5 & 6 Step forward on right, rock back on left, (turn 1/4 turn right), step right to right side
7 & 8 (Turn 1/4 turn right) step forward on left, rock back on right, (turn 1/4 turn left), step left to left side

ON 45'S RIGHT - STEP FORWARD RIGHT, LEFT TOGETHER, STEP FORWARD RIGHT, SCUFF LEFT, LEFT TO LEFT SIDE, SCUFF RIGHT, RIGHT TO RIGHT SIDE, SCUFF LEFT

1 & 2 On 45's right - step forward on right, slide left together, step forward on right
& 3 & 4 On 45's right - scuff left, step left to left side, scuff right, step right to right side, scuff left

ON 45'S LEFT - STEP FORWARD LEFT, RIGHT TOGETHER, STEP FORWARD LEFT, SCUFF RIGHT, RIGHT TO RIGHT SIDE, SCUFF LEFT, LEFT TO LEFT SIDE, SCUFF RIGHT

5 & 6 On 45's left - step forward on left, slide right together, step forward on left
& 7 & 8 Scuff right, step right to right side, scuff left, step left to left side, scuff right

RIGHT TO RIGHT SIDE, SHIMMY SHOULDERS TO RIGHT SIDE, LEFT HEEL TO LEFT SIDE, LEFT TO LEFT SIDE, SHIMMY SHOULDERS TO LEFT SIDE, RIGHT HEEL TO RIGHT SIDE

1 & 2 Step right to right side, shimmy shoulders to right side, touch left heel to left side
3 & 4 Step left to left side, shimmy shoulders to left side, touch right heel to right side

RIGHT BEHIND LEFT, LEFT TO LEFT SIDE, RIGHT ACROSS LEFT, LEFT TO LEFT SIDE, RIGHT TO RIGHT SIDE, LEFT ACROSS RIGHT

5 & 6 Step right behind left, step left to left side, step right across left
7 & 8 Step left to left side, step right to right side, step left across right

TURN 1/4 LEFT - BACK RIGHT, TURN 1/2 LEFT - FORWARD LEFT, ROCK FORWARD RIGHT, ROCK BACK LEFT, ROCK BACK RIGHT

1 - 2 (Turn 1/4 turn left) step back on right, (turn 1/2 turn left) step forward on left
3 & 4 Rock forward on right, rock back on left, rock back on right

BACK LEFT, RIGHT ACROSS LEFT, BACK LEFT, BACK RIGHT, LEFT ACROSS RIGHT, BACK RIGHT

5 & 6 Step back on left, step right across left, step back on left
7 & 8 Step back on right, step left across right, step back on right

LEFT COASTER STEP, RIGHT TO RIGHT SIDE, ROCK TO LEFT, TURN 1/4 RIGHT - STEP RIGHT TOGETHER

1 & 2 Left coaster step (step back on left, step right together, step forward on left)
3 & 4 Step right to right side, rock left to left side, (turn 1/4 turn right) step right together

6 HEEL TWISTS (LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT)

5 & 6 - 7 & 8 Twist heels (left, right, left, right, left, right)

REPEAT