

## Mon Coeur Epris

56 Count, 4 Wall, Improver

Choreographer: Martie Papendorf. (South Africa) Dec 2014

Choreographed to: Mon Coeur Epris by Dominique Barret  
(110 bpm)

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### Start on vocals.

**S1: a, Samba fwd R L, R samba hips fwd back fwd, L samba hips fwd back fwd**

- a1&2 Turn slightly to face left diagonal [10.30], Rock R across L, Recover L to left side, Step R to right side,  
3&4 Step L across R, Recover R to right side, Step L to left side,  
5&6 Step R fwd opening to left side bumping hips fwd, Shift weight to L bumping hips back,  
Shift weight to R bumping hips fwd,  
7&8 Step L fwd opening to right side bumping hips fwd, Shift weight to R bumping hips back,  
Shift weight to L bumping hips fwd [12.00]

**S2: a, Samba ¼ right, Samba fwd, R samba hips fwd back fwd, L samba hips fwd back fwd**

- a1&2 Turn slightly to face right diagonal [1.30], Rock R across L, Recover L to left side making a ¼ turn right,  
Step R to right side, [3.00]  
3&4 Step L across R, Recover R to right side, Step L to left side,  
5&6 Step R fwd opening to left side bumping hips fwd, Shift weight to L bumping hips back,  
Shift weight to R bumping hips fwd,  
7&8 Step L fwd opening to right side bumping hips fwd, Shift weight to R bumping hips back,  
Shift weight to L bumping hips fwd [3.00]

**S3: Syncopated rocking chair, R samba hips fwd, Side, Together, Fwd, Step, Kick, Back, Point**

- 1& Rock R fwd, Recover L back,  
2& Rock R back, Recover L fwd,  
3&4 Step R fwd bumping hips fwd, Shift weight to L bumping hips back, Shift weight to R bumping hips fwd,  
5&6 Step L to left side, Step R next to L, Step L fwd,  
&7 Step R fwd, Kick L low kick fwd,  
&8 Step L back, Point R to right side [3.00]

**S4: Sailor ¼ right, Behind, Side, Cross, R samba hips, Rock back, Recover**

- 1&2 Swing R out and cross behind L making a ¼ turn right, Rock L to left side, [6.00] Recover R to right side  
3&4 Cross L behind R, Step R to right side, Step L across R,  
5&6 Step R fwd opening to left side bumping hips fwd, Shift weight to L bumping hips back,  
Shift weight to R bumping hips fwd,  
7,8 Rock L behind R, Recover R fwd [6.00]

**S5: L samba hips ¼ right, Rock back, Recover, Monterey turn ½ right, Monterey turn ¼ right**

- 1&2 Step L fwd making a ¼ turn right opening to right side bumping hips fwd, [9.00]  
Shift weight to R bumping hips back, Shift weight to L bumping hips fwd,  
3,4 Rock R behind L, Recover L fwd,  
5&6& Point R to right side, Step R next to L making a ½ turn right, [3.00] Point L to left side, Step L next to R,  
7&8& Point R to right side, Step R next to L making a ¼ turn right, [6.00] Point L to left side, Step L next to R

**S6: Cross shuffle right, Cross shuffle left, Rock fwd, Back ¼ right, Fwd ¼ right, Lock step turn ½ right**

- 1&2 Step R across L opening to left side bumping hips fwd, Shift weight to L bumping hips back,  
Shift weight to R bumping hips fwd,  
3&4 Step L across R opening to right side bumping hips fwd, Shift weight to R bumping hips back,  
Shift weight to L bumping hips fwd,  
**[Moving fwd counts 1-4]**  
5&6 Rock R fwd, Recover back onto L making a ¼ turn right, [9.00] Step R fwd making a ¼ turn right [12.00]  
7&8 Step L back making a ¼ turn right, [3.00] Lock R across L making a ¼ turn right, Step L back [6.00]

**S7: Samba hips right, Samba hips left, Rock back, Recover, Side ¾ left, Side**

- 1&2 Step R to right side, Close L to R, Step R in place,  
3&4 Step L to left side, Close R to L, Step L in place,  
5,6 Rock R back, Recover L back,  
7,8 Sweep and step R to right side making a ¾ turn left, [9.00] Step L to left side [9.00]

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Choreographed for Rosanne from Reunion with thanks for the music and request for a dance.

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