

Better Days

32 Count, 4 Wall, Beginner

Choreographer: Lorna Mursell (Scotland) Dec 2014

Choreographed to: In Better Days by Neil Diamond.

Album: Melody Road

Start On Lyrics "How Do I"

SEC 1 TOE STRUT, CROSS TOE STRUT, GRAPEVINE, TOUCH

- 1-2 Step right toe diagonally right, drop right heel down
- 3-4 Step left toe diagonally right crossing left toe over right toe, drop left heel down
- 5-6 Step right to right side, step left behind right
- 7-8 Step right to right side, touch left beside right

SEC 2 SIDE TOUCH, SIDE, TOGETHER, 1/4 TURN, BRUSH

- 1-2 Step left to left side, touch right beside left
- 3-4 Step right to right side, touch left left beside right
- 5-6 Step left to left side, step right beside left
- 7-8 Step left 1/4 turn left, brush right beside left

SEC 3 ROCKING CHAIR, STEP, 1/2 TURN, STEP, HOLD

- 1-2 Rock forward on right, recover on to left
- 3-4 Rock back on right, recover on to left
- 5-6 Step forward on right, pivot 1/2 turn left
- 7-8 Step forward on right, hold

SEC 4 ROCKING CHAIR, SCISSOR STEP, HOLD

- 1-2 Rock forward on left, recover on to right
- 3-4 Rock back on left, recover on to right
- 5-6 Step left to left side, step right beside left
- 7-8 Cross left over right, hold

HAPPY BIRTHDAY MUM! This Dance Was Written Especially For My Mum For Her Special Birthday.
