

Shake It Off

Phrased, 4 Wall, Intermediate

Choreographer: Fernando Battista (Belgium) Dec 2014

Choreographed to: Shake It Off by Taylor Swift

Phrasing counts : A : 32 counts, B :16 counts, C : 16 counts, TAG 8 counts

Sequence: A,A, B, C,C, A,A, B, C,C, A,A,A TAG, C,C, A,A,A,

Intro : 16 Counts

PART A

01-08 DIAGONAL SKATE STEP, SKATE TOUCH , TWICE

- 1 Step right diagonally rotated R
- 2 LF step lying beside the right
- 3 Step right diagonally rotated R
- 4 LF Step pointed next to the RF
- 5 LF step rotated diagonal L
- 6 RF step lying beside the left
- 7 LF step rotated diagonal L
- 8 LF Step pointed next to the RF

09-16 RIGHT DIAGONAL STEP BACK, TOUCH, LEFT DIAGONAL STEP BACK, TOUCH X2

- 1 RF Step back diagonally
- 2 LF pointed next to the RF and Clap
- 3 LF Step back diagonal L
- 4 RF pointed next to the LF and clap
- 5 RF Step back diagonally R
- 6 LF pointed next to the RF and clap
- 7 LF Step back diagonal L
- 8 RF pointed next to the LF and clap

17-24 RIGHT SIDE, BEHIND, SIDE, KNEE KNOCKS, LEFT STEP FWD, ¼ TURN RIGHT, LEFT TOUCH

- 1 RF step to the R
- 2 LF behind RF
- 3 RF step to the R
- 4 Bend yours legs slightly and bring your knees in the center and then back to the outer
- 5 Bring your knees in the center and then back to the outer
- By doing these 2 time, put your hands horizontally (palms down) and do a back hand and come L hand to the R above R hand and the R hand to the L below the L hand and then reverse the moves
- 6 LF step forward
- 7 ¼ turn to the R
- 8 LF pointed next to the RF

25-32 LEFT SIDE, BEHIND, SIDE, KNEE KNOCKS, RIGHT STEP FWD, ½ TURN LEFT, RIGHT, TOUCH

- 1 LF step to the L
- 2 RF behind left
- 3 LF step to the L
- 4 Bend yours legs slightly and bring your knees in the center and then back to the outer
- 5 Bring your knees in the center and then back to the outer
- By doing these 2 time, put your hands horizontally (palms down) and do a back hand and come R hand to the L above L hand and the L hand to the R below the R hand and then reverse the moves
- 6 RF step forward
- 7 ½ turn to the L
- 8 RF pointed next to the L

PART B

01-08 WALK, FWD X2 , JAZZ BOX, SCUFF , CROSS, BACK, CHASSE, ¼ TURN LEFT, HOLD

- 1 RF step forward
 - 2 LF step forward
 - 3 Cross right over left
 - & LF step back
 - 4 RF step to the R
 - & LF scuff
-

-
- 5 Cross left over right
 - 6 RF step back
 - 7 LF step to the L
 - & RF join LF
 - 8 LF ¼ turn to the L
 - & Hold

33-40 RIGHT STEP FWD, ½ TURN, RIGHT STEP FWD, FULL TURN RIGHT, ¼ TURN, RIGHT, ½ TURN, RIGHT X2, STEP FWD

- 1 RF step forward
- & ½ turn to the R
- 2 RF step forward
- 3 LF ½ turn to the R (step back)
- 4 RF ½ turn to the R (step ahead)
- 5 LF ¼ turn to the R (step back)
- & RF ½ turn to the R (step ahead)
- 6 LF ¼ turn to the R (step back)
- & RF ½ turn to the R (RF step ahead)
- 7 LF step forward and clap
- & RF pointed next to the L and clap
- 8 clap

PART C

01-08 RIGHT SCISOR CROSS, ½ TURNING LEFT, TWICE

- 1&2 RF step to the R. LF join RF. Cross right over left
- 3&4 Do ½ turn to the L and put hands high above the collar bone, palms ahead and then do in the same time do:
 - 3 pushed R hand forward and L hand backward
 - & pushed L hand forward and R hand backward
 - 4 pushed R hand forward and L hand backward. Then lower arms along the body
- 5&6 LF step to the L. RF join LF. Cross left over right
- 7 & 8 Do ½ turn to the R and put hands high above the collar bone, palms ahead and then in the same time do:
 - 7 pushed L hand forward and R hand backward
 - & pushed L hand forward and R hand backward
 - 8 pushed L hand forward and R hand backward. Then lower arms along the body

09-16 RIGHT SIDE ROCK, HELL CROSS SHUFFLE, STEP FWD, ½ TURN RIGHT, STEP FWD, ¼ TURN RIGHT

- 1 RF rock to the R
- & Recover weight
- 2 Cross right heel over left
- & LF step to the L
- 3 Cross right heel over left
- & LF step to the L
- 4 Cross right heel over left
By doing counts 2 to 4, put L hand on your hip and do with your R hand (palms forward) complete vertical round
- 5 LF step forward and make shimmy
- 6 RF ½ turn to the R (step forward)
- 7 LF step forward and make shimmy
- 8 RF ¼ turn to the R and pointed next to the LF and make 3 claps

TAG 8 COUNTS 14th wall at 9:00

Cross your arms and do nothing

END 19th wall (6 :00)

At the end of the dance, make RF step forward and LF ½ turn to the L with hands up to the collar bone (palms forward)
