

Mandy

32 Count, 4 Wall, Improver

Choreographer: Anieta Arief (Dec 2014)

Choreographed to: Mandy by Westlife, CD: Turnaround
(106 bpm) (iTunes); Mandy by Barry Manilow

Start dancing on lyrics

FORWARD, HOLD, WALK FORWARD, TURN ¼ LEFT, HOLD, WALK FORWARD

1-4 Step left forward, hold, step right forward, step left forward

5-8 Turn ¼ left and step right side, hold, step left forward, step right forward

TURN ¼ RIGHT, HOLD, BACK, RECOVER, SIDE, HOLD, FORWARD, TURN ½ RIGHT

1-4 Turn ¼ right and step left side, hold, rock right back, recover to left

5-8 Step right side, hold, step left forward, turn ½ right (weight to right)

Restart on wall 3 or wall 4, depending on which version of the music you use

FORWARD, HOLD, SIDE, BESIDE, FORWARD, HOLD, FORWARD, TURN ¼ RIGHT

1-4 Step left forward, hold, step right side, step left together

5-8 Step right forward, hold, step left forward, turn ¼ right (weight to right)

CROSS, HOLD, SIDE, BESIDE, CROSS, HOLD, TURN ¼ RIGHT

1-4 Cross left over, hold, step right side, step left together, turn ¼ right

5-8 Cross right over, hold, turn ¼ right and step left back, turn ¼ right and step right side

RESTART

When dancing to "Mandy" by Westlife, restart on wall 3 after 16 counts

When dancing to "Mandy" by Barry Manilow, restart on wall 4 after 16 counts