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Shut Up And Dance

32 Count, 4 Wall, Improver Choreographer: Bobbey Willson (USA) Nov 2014 Choreographed to: Shut Up and Dance by Walk the Moon

BEGIN AT LYRICS

SHUFFLE RLR SHUFFLE LRL, STEP-TURN STEP-TURN ROCKBACK-REC

- 1&2 3&4 Step fwd R, step L to R, step fwd R, step fwd L, step R to L, step fwd L
- 5 6 7 8 Step fwd R w/ 1/4 turn to left, step back L w/ 1/4 turn to left, back R, recover to L

SHUFFLE RLR SHUFFLE LRL STEP-TURN STEP-TURN STEP STEP W/ CLAPS

- 1&2 3&4 Step fwd R, step L to R, step fwd R, step fwd L, step R to L, step fwd L
- 5 6 Step fwd R w/ 1/4 turn to left, step back L w/ 1/4 turn to left,
- 7 8 Slight stomps in place R, R (keep weight on L, can clap, clap with these 2 slight stomps)

R GRAPEVINE CROSS, STEP STEP STOMPS W/CLAPS

- 1 2 3 4 Step R to side, cross L behind R, step R to side, cross L over R
- 5 6 7 8 Rock R to side, recover to L, rock back R, recover to L lifting R knee in air

RESTARTS HERE DURING 6TH AND 10TH WALLS

STEP STEP-TURN STEP-TURN, SKATES BACK RLRL

- 1 2 3 4 Step fwd R, step back L w/ 1/4 turn to right, turn 1/4 to right step R, turn 1/4 right step fwd L
- 5 6 7 8 Steps back with slight back and forth, like skating: R, L, R, L (can motion with hands like "come dance with me")

RESTARTS EACH AFTER 1-24 DURING 6TH AND 10TH WALLS

This song is very "lively". Steps are easy, so it's fast....sound familiar?

Just Keep MOVING! Feel free to shout out "Shut up and dance" with the song :-)

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