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- 1 Swivel Right, Clap**
1 - 3 Twist Both Heels to Right, Twist Both Toes Right, Twist Both Heels to the Right
4 Clap
5 - 7 Twist Both Heels to Left, Twist Both Toes Left, Twist Both Heels to the Left
8 Clap
- 2 2 x Applejacks, 1/2 Monteray Turn Right**
1 & Lift/lower left toe left, lift/lower right heel left, Return Feet to Centre
2 & Lift/lower right toe right, lift/lower left heel right, Return Feet to Centre
3 & Lift/lower left toe left, lift/lower right heel left, Return Feet to Centre
4 & Lift/lower right toe right, lift/lower left heel right, Return Feet to Centre
5 - 6 Touch Right to Right Side, Turn 1/2 Right on Ball of Left, Stepping Right Beside Left.
7 - 8 Touch Left to Left Side, Step Left Beside Right
- 3 Kick Ball Change, Walk Walk x2**
1 & 2 Kick Right foot, Step Right in Place, Step Left Slightly Forward
3 - 4 Walk Right, Walk Left
5 & 6 Kick Left foot, Step Left in Place, Step Left Slightly Forward
7 - 8 Walk Left, Walk Right
- 4 1/4 Jazz Box Right, grapevine Left**
1 - 2 Cross Step Right Over Left, Step Left Foot Back 1/4 right
3 - 4 Step Right to Right Side, Touch Left Foot Beside Right
5 - 8 Step Left to Left side, Cross Right Behind Left, Step Left to Left Side, Join Right to Left
- Option: Rolling grapevine**
- 5 Applejacks**
1 & Lift/lower left toe left, lift/lower right heel left, Return Feet to Centre
2 Lift/lower right toe right, lift/lower left heel right, Return Feet to Centre
3 & Lift/lower left toe left, lift/lower right heel left, Return Feet to Centre
4 & Lift/lower left toe left, lift/lower right heel left, Return Feet to Centre
5 & Lift/lower right toe right, lift/lower left heel right, Return Feet to Centre
6 & Lift/lower right toe right, lift/lower left heel right, Return Feet to Centre
7 & Lift/lower left toe left, lift/lower right heel left, Return Feet to Centre
8 & Lift/lower right toe right, lift/lower left heel right, Return Feet to Centre
- 6 Step $\hat{A}$ 1/2 turn, Clap x2**
1 - 2 Step Right Foot Forward, Pivot 1/2 Turn Left
3 - 4 Step Right Foot Forward, Clap
5 - 6 Step Left Foot Forward, Pivot 1/2 Turn Right
7 - 8 Step Left Foot Forward, Clap
- 7 Hip Bumps**
1 - 2 Two Hip Bumps to the Right
3 - 4 Two Hip Bumps to the Left
5 - 8 Four Hip Bump to the Right, Left, Right, Left
- 8 Jump forward, Clap, Jump Back, Clap, Jazz Box**
1 & 2 Jump Forward, Right, Left and Clap
3 & 4 Jump Back, Left Right and Clap
5 - 6 Cross Right Over Left, Step Left Foot Back
7 - 8 Step Right Foot to Right Side, Join Left Beside Right
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