

Jump Down – Turn Around

64/32 Count, 2 Wall, Improver/Beginner

Choreographer: Marie Sørensen (Sunshine Cowgirl) (DK) -
November 2014

Choreographed to: Pick A Bale Cotton by Derek Ryan, Album:
The Simple Things (iTunes)

You can cut the dance after the first 32 steps, and use it as a beginner dance.

Intro: 64 Counts

1 HEEL, HOOK, HEEL, FLICK, TRIPLE 1/4 TURN RIGHT

- 1-2 Tap right heel fwd. hook right in front of left
- 3-4 Tap right heel fwd. flick right back
- 5-6 1/4 turn right, step right to right side, step left next to right
- 7-8 Step right next to left, hold (03:00)

2 HEEL, HOOK, HEEL, FLICK, TRIPLE 1/4 TURN LEFT

- 1-2 Tap left heel fwd. hook left in front of right
- 3-4 Tap left heel fwd. flick left back
- 5-6 1/4 turn left, step left to left side, step right next to left
- 7-8 Step left next to right, hold (12:00)

3 HEEL, TOGETHER, HEEL, TOGETHER, JAZZ BOX 1/4 TURN R, CROSS

- 1-2 Tap right heel fwd. step right next to left
- 3-4 Tap left heel fwd. step left next to right
- 5-6 Cross right over left, step back on left
- 7-8 1/4 turn right, step right to right side, cross left over right (03:00)

4 MONTEREY ½ TURN RIGHT, HEEL, TOGETHER, HEEL, TOGETHER

- 1-2 Point right to right side, ½ turn right, (Weight on right)
- 3-4 Point left to left side, step left next to right
- 5-6 Tap right heel fwd. step right next to left
- 7-8 Tap left heel fwd. step left next to right (09:00)

You can cut the dance at this point, and use the first 32 steps as a beginner dance.

5 VINE, SCUFF, STOMP FWD. TAP, STEP BACK, HEEL

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, scuff left fwd.
- 5-6 Stomp fwd. left, tap right toe back & Clap
- 7-8 Step back on right, tap left heel fwd. & clap (06:00)

6 VINE 1/4 TURN LEFT, SCUFF, STOMP FWD. TAP, STEP BACK, HEEL

- 1-2 Step left to left side, cross right behind left
- 3-4 1/4 turn left, step fwd. left, scuff right fwd.
- 5-6 Stomp fwd. right, tap left toe back & clap
- 7-8 Step back on left, tap right heel fwd. & clap 06:00)

7 RUN BACK RIGHT, LEFT, RIGHT, HITCH, RUNN FWD. LEFT, RIGHT, LEFT, HOLD

- 1-2 Run back right, left
- 3-4 Run back right, hitch left and do a little jump
- 5-6 Run fwd. left, right
- 7-8 Run fwd. left, hold (06:00)

8 STOMP, HOLD, STOMP, HOLD, 3 X HEEL BOUNCE, HOLD

- 1-2 Stomp right to the right side, hold
- 3-4 Stomp left to the left side, hold
- 5-6-7-8 Heel bounce 3 times, hold (end with weight on left) (06:00)

Have Fun!