

## Take A Lifetime

32 Count, 4 Wall, Intermediate, 2S  
Choreographer: Brenda Shatto (USA) Nov 2014  
Choreographed to: Lifetime by Steve Moakler,  
Album: Watching Time Run (2:58)

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**Intro: 16 counts. Start facing 12:00, weight on right.**

**1-8 Back rock, triple ½ turn, rock back, recover, ½ turn (x2)**

- 1,2 Rock L back, recover forward  
3&4 Turn ¼ right stepping L to left, close R to L, turn ¼ right stepping L back 6:00  
5&6 Rock back on R, recover to L, turn ½ left stepping R back 12:00  
7&8 Rock back on L, recover to R, turn ½ right stepping L back 6:00

**9-16 Mambo back, mambo forward, ¾ turn right, cross back mambo hitch**

- 1&2 Rock back on R, recover to L, step forward R  
3&4 Rock forward on L, recover to R, step back on L  
5,6 Turn ½ R stepping R forward, turn ¼ R stepping L to left side 3:00  
7&8 Cross rock R behind L, recover to L, hitch R knee forward keeping R foot close to L leg

**17-24 Side, drag, sweep x2, coaster, ½ turn**

- 1,2 Big step R to right, drag L next to R and touch  
3,4 Step L back while sweeping R front to back, step R back and sweep L front to back  
5&6 Step L back, step R next to L, step L forward  
7,8 Leave R in place and pointed back-turn ½ right over 2 counts, weight stays L 9:00

**25-32 Back touch x3, back, together, walk x2, forward coaster, back**

- &1&2 Small step back R, touch left in front, small step back L, touch right in front  
&3 Small step back R, touch left in front  
&4 Step L back, close R next to L  
**\*5,6 Walk forward L, R**  
7&8& Step forward L, close R next to L, step back L, step back R

**\*On wall 5 only, replace counts 5-8 with these steps:**

(5) big step forward L, (6,7,8) Slowly close R next to L taking weight.

**Tag danced after walls 2 and 4. The first tag is done at 6:00 and the second at 12:00.**

**1-8 Back rock, recover, side touch x2, back rock recover, side touch x2**

- 1&2 Cross/rock L behind right, recover to R, step L to left  
&3&4 Touch R next to L, step R to right, touch L next to R, step L to left  
5&6 Cross/rock R behind left, recover to L, step R to right  
&7&8 Touch L next to R, step L to left, touch R next to L, step R to right

**Optional ending: Music fades at count 24 after the ½ turn right facing 3:00.**

- &1 Turn 1/2 right stepping R forward, turn ¼ right stepping L to left to face the front wall.

**TAG:** 8 count Tag danced after wall 2 and wall 4.

**Optional change** of steps during wall 5 counts 29-32.

**Smile... because you get to dance!!**