

90 Miles An Hour

48 Count, 4 Wall, Intermediate

Choreographer: Ticia (France) May 2012

Choreographed to: 90 Miles An Hour by Kevin Costner

Intro: the dance begins after 32 counts (16 seconds)

1-8 ROCK, COASTER STEP, ROCK, SHUFFLE ½ TURN

- 1-2 rock right to right, recover onto left
3&4 step back right, step left together, step forward right
5-6 rock left forward, recover onto right
7&8 step left to left with ¼ to left, close right F next to left, step Left F forward with ¼ turn to left

9-16 TOE STRUT, WALK, HOLD, ¼ TURN TO LEFT, ½ TURN TO RIGHT

- 1-2 touch right toe forward, drop heel and take weight
3-4 step left forward, hold
&5-6 step right forward, ¼ turn to left with left F next to left , cross Right F over left
7-8 step left back, ½ turn to right with right F forward

17-24 SHUFFLE, ROCK, RECOVER, BACK, TOE , HEEL, SWEEP

- &1-2 step forward Left, Right ,Left
3&4 rock forward right, recover weight onto left, step Right back
5-6 touch Left toe back, drop heel and take weight
7-8 right F from forward to back with sweep, cross right F behind left F

25-32 SIDE, WALK, SHUFFLE WITH ¼ TURN RIGHT, ¼ TURN RIGHT AND TOE, SHUFFLE

- &1-2 left F next to R, Right F forward, Left F forward
3&4 step side Right, step Left with ¼ turn to right, step side Right
5-6 touch Left toe to Left with ¼ turn to Right, hold
& 7-8 right F next to Left F, Left F to Left, Right F next to Left F.

33-40 SWEEP, HOLD, TOE, HOLD, ½ TURN TO RIGHT, STOMP

- 1-2 left F from forward to back with sweep, cross Left F behind Right F
3-4 touch Right toe to Right, hold Restart on wall 9
5-6 put weight on Right F with ½ turn to Right, Left F to Left
7-8 stomp Right F next to Left (2x).

Restart wall 2 and 3

41-48 SIDE, JAZZ BOX, BUMPS

- 1-2 right F to right, cross Left F over right F
3-4 right F back, Left F to Left
5-6 bump to left (2x)
7-8 bump to right, bump to left.

TAG on wall 5 and restart

PIVOTS

- 1-2 Right F forward, ½ turn to Left with weight on Left
3-4 Right F forward, ¼ turn to Left with weight on Left
Start over, have fun and keep smiling !

Restarts: On wall 2 and 3 restart after 40 counts,
On wall 5 after 48 counts tag and restart,
On wall 9, restart after 36 counts.