

Rock In My Shoe

ABSOLUTE BEGINNER

32 Count 4 Walls

Choreographed by: Anette Holtet

Choreographed to: Rock In My Shoe by Hank Williams Jr.

1 Back, touch, back, touch, boogie walks forward

- 1 - 2 Step left diagonally back, touch right next to left
- 3 - 4 Step right diagonally back, touch left next right
- 5 - 6 Small step left forward (bending knees to left), small step right forward (bending knees to right)
- 7 - 8 Small step left forward (bending knees to left), small step right forward (bending knees to right)

2 Left rocking chair, shuffle forward, touch

- 1 - 2 Rock forward on left, recover on right
- 3 - 4 Rock back on left, recover on right
- 5 - 6 Step left forward, step right next to left
- 7 - 8 Step forward on left, touch right next to left

3 Side steps, touches 1/4 turn left

- 1 - 2 Step right to right side, touch left next to right & snap your fingers
- 3 - 4 Step left to left, touch right next to left & snap your fingers
- 5 - 6 Step right to right, touch left next to right & snap your fingers
- 7 - 8 1/4 turn stepping left to left, touch right next to left & snap your fingers

4 Hip bumps, hip roll

- 1 & 2 Step right slightly forward bumping right hip, bump left hip bak, bump right hip forward (weight on right)
 - 3 & 4 Step left slightly forward bumping left hip, bump right back, bump left hip forward (weight on left)
 - 5 - 6 Step right small step to right starting a hip roll counterclockwise (weight ends on right)
 - 7 - 8 Hip roll counterclockwise (weight ends on right)
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