

Never Miss A Beat

64 Count, 4 Wall, Intermediate

Choreographer: Katie Terrett (Wales) Nov 2014

Choreographed to: Shake It Off by Taylor Swift

Intro: 16 Counts.

1 Toe Touches, Out, In, Heel, Hook. Vine R.

- 1-2 Touch R Toe out (to R side) Touch R in (next to L)
- 3-4 Dig R heel forward. Hook R across L.
- 5-6 Side R, behind L
- 7-8 Side R, touch L next to R.

2 Toe Touches, Out, In, Heel, Hook. Vine L, Turn 1/4. Scuff.

- 1-2 Touch L Toe out (to L side) Touch L in (next to R)
- 3-4 Dig L heel forward. Hook L across R.
- 5-6 Side L, behind R
- 7-8 Turn 1/4 L, Scuff R. (9.00)

3 Stomp, Shimmy, Turn 1/2. Stomp, Shimmy, Turn 1/4.

- 1-2 Stomp R forward, Shimmy shoulders (shake it off)
- 3-4 Turn 1/2 L. Hold. (3.00)
- 5-6 Stomp R forward, Shimmy shoulders (shake it off)
- 7-8 Turn 1/4 L. Hold. (12.00)

4 Jazz Box. Turn 1/4. Forward Shuffle. Turn 1/4 Chasse L.

- 1-2 Cross R, Turn 1/4 R, Stepping back L.
- 3-4 Side R, forward L. (3.00)
- 5&6 R Shuffle forward (R,L,R)
- 7&8 Turning 1/4 L. Side L, close R, side L. (6.00)

5 Back Rock. Side hold & Side hold. Kick, Kick.

- 1-2 Back Rock R, recover L *R/7
- 3-4& Side R, hold bumping hip R (&) together L
- 5-6 Side R, hold bumping hip R.
- 7-8 Kick L, Kick L (across R)

6 Side, Together, Swivel Heels, Toes, Heels.

- 1-2 Side L, together R next to L. (6.00)
- 3-4 Swivel heels to R, toes to R
- 5-6 Swivel heels to R. Clap. Swivel heels to L.
- 7-8 Swivel toes to L, heels to L.

7 Kick, Cross, Back Rock x2.

- 1-2 Kick R forward, Cross R over L.
- 3-4 Back rock L, recover R.
- 5-6 Kick L forward, Cross L over R.
- 7-8 Back rock R, recover L.

8 Turn 1/4 Cross Toe Strut, Side Toe Strut. Knee Pops with Hip bumps. (Shake/Flick Hands Out x2)

- 1-2: Turning 1/4 R, Cross R toe strut. Drop R heel. (9.00)
- 3-4: Side L toe strut. Drop L heel.
- 5-6: Pop R knee in towards L. Bumping L hip to side. Hold.
- 7-8: Pop L knee in towards R. Bumping R hip to side.
Pop R knee in towards L. Bumping L hip to side. (Shake/flick hands out twice)

TAG: During Wall 7. After Count 34 *

- 1-2 (Back rock R) Facing 12.00
- 3-4 Forward Rock R, recover L.
- 5-6 Stomp R to R side. Stomp L to L side.
- 7-8 Hip Bump R. Touch R next to L.

ENDING: Cross R unwind 1/2 Turn L to face the front.