

Bitten By The Bug

32 Count, 4 Wall, Improver

Choreographer: Robert Fletcher & Michelle Palmer
(Aus) Oct 2008

Choreographed to: The Bug by Adam Brand,
CD: What A Life

32 count intro

SIDE, TOUCH, SIDE, TOUCH, ¼ SIDE, TOUCH, SIDE, TOUCH

- 1-2 Step right to side, touch left together & clap
- 3-4 Step left to side, touch right together & clap
- 5-6 Turn ¼ turn right step right to side, touch left together & clap
- 7-8 Step left to side, touch right together & clap

FORWARD, LOCK, FORWARD, SCUFF, FORWARD, LOCK, FORWARD, SCUFF

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, scuff left forward
- 5-6 Step left forward, lock right behind left
- 7-8 Step left forward, scuff right forward

CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, SIDE, CROSS

- 1-2 Cross right over left, step left to side
- 3-4 Cross right behind left, step left to side
- 5-6 Cross right over left, step left to side
- 7-8 Step right to side, cross left over right

Restart here on wall 9

RIGHT TOE STRUT BACK, LEFT TOE STRUT BACK, ROCKING CHAIR

- 1-2 Stepping back on ball of right foot, drop right heel
- 3-4 Stepping back on ball of left foot, drop left heel
- 5-6 Rock right back, rock left forward
- 7-8 Rock right forward, rock left back

RESTART: On wall 9, dance up to count 24 and restart

Music download available from iTunes
