
Start dancing on lyrics

1 RIGHT ROCKING CHAIR, TWICE (PUSH-PULL HAND MOVEMENTS)

- 1 Rock right diagonal forward to right pushing both fists forward raised at shoulder level
- 2 Return left in place pulling both fists in front of chest
- 3 Rock right diagonal back to left leaning back & pulling both fists back to shoulders
- 4 Return left in place bringing both fists forward in front of chest
- 5-8 Repeat all of above. (12:00)

2 SIDE, TOGETHER, SIDE, TOGETHER, SIDE, TOGETHER, SIDE, HOLD (MOVING RIGHT WITH HAND MOVEMENTS)

- 1-2 Step right to side swinging arms to right in a circular motion, step left together bringing arms to center
- 3-4 Step right to side swinging arms to right in a circular motion, step left together bringing arms to center
- 5-6 Step right to side swinging arms to right in a circular motion, step left together bringing arms to center
- 7-8 Step right to side, hold. (12:00)

3 LEFT ROCKING CHAIR TWICE (PUSH-PULL HAND MOVEMENTS)

- 1 Rock left diagonal forward to left pushing both fists forward raised at shoulder level
- 2 Rock right in place pulling both fists in front of chest
- 3 Rock left diagonal back to right leaning back pulling both fists back to shoulders
- 4 Rock right in place bringing both fists forward in front of chest
- 5-8 Repeat all of above (12:00)

4 SIDE, TOGETHER, SIDE, TOGETHER, SIDE, TOGETHER, SIDE, HOLD, MOVING LEFT (WITH HAND MOVEMENTS)

- 1-2 Step left to side swinging arms to left in a circular motion, step right together bringing arms to center
- 3-4 Step left to side swinging arms to left in a circular motion
- 5-6 Step left to side swinging arms to left in a circular motion
- 7-8 Step left to side, hold (12:00)

5 SIDE, BEHIND, SIDE, BEHIND, SIDE, BEHIND, TURN ¼ SIDE, HOLD (WITH HAND MOVEMENTS)

- 1-2 Step right to side, touch left toe behind right heel arching left arm above head
- 3-4 Step left to side, touch right toe behind left heel arching right arm above head
- 5-6 Step right to side, touch left toe behind right heel arching left arm above head
- 7-8 Turn ¼ left and step left to side, hold. (9:00)

6 RIGHT MONTANA TWICE, HOLD, (WITH HAND MOVEMENTS)

- 1-2 Step right forward, kick left forward swinging arms forward above waist level
- 3-4 Step left back, touch right toe back swinging arms back
- 5-6 Step right forward, kick left forward swinging arms forward above waist level
- 7-8 Step left back, hold. (9:00)

7 SIDE, BEHIND, SIDE, BEHIND, SIDE, BEHIND, SIDE, TURN ¼ BEHIND (WITH HAND MOVEMENTS)

- 1-2 Step right to side, touch left toe behind right heel arching left arm above head
- 3-4 Step left to side, touch right toe behind left heel arching right arm above head
- 5-6 Step right to side, touch left toe behind right heel arching left arm above head
- 7-8 Turn ¼ left and step left to side, hold. (6:00)

8 RIGHT MONTANA TWICE, HOLD, (WITH HAND MOVEMENTS)

- 1-2 Step right forward, kick left forward swinging arms forward above waist level
- 3-4 Step left back, touch right toe back swinging arms back
- 5-6 Step right forward, kick left forward swinging arms forward above waist level
- 7-8 Step left back, hold. (6:00)

9 PADDLE ¼ LEFT, PIVOT ½ LEFT, PADDLE ¼ LEFT, TOUCH, HOLD (WITH HAND MOVEMENTS)

- 1-2 Step right forward, turn ¼ left on left rolling fists over each other in a circular movement to the left (3:00)
- 3-4 Step right forward, turn ½ left on left rolling fists over each other in a circular movement to the left (9:00)
- 5-6 Step right forward, turn ¼ left on left rolling fists over each other in a circular movement to the left (6:00)
- 7-8 Touch right to left, hold. (hands down at sides) (6:00)

This dance is for my dear friend Veronica Van Vugt