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Z Dance

32 Count, 4 Wall, Beginner

Choreographer: Linda Sansoucy (Canada) Aug 2012

Choreographed to: Z Dance by Collectif Métissé (127 bpm)

Intro : 16 counts

1-8 Side, Together, Shuffle Forward, Side, Together, Shuffle Back

1-2 Step right side, Step left together
3&4 Chassé forward right, left, right
5-6 Step left side, Step right together
7&8 Chassé back left, right, left

9-16 Back Rock, Shuffle Forward, Military Pivot, Shuffle Forward or Full Turn

1-2 Rock right back, Recover to left
3&4 Chassé forward right, left, right
5-6 Step left forward, Pivot ½ right 6:00
7&8 Chassé forward left, right, left
Option: Chassé Full Turn right

17-24 Side Mambo, Side Mambo, Side, Together, Shuffle ¼ Turn Right

1&2 Step right side, Step left in place, Cross right over left
3&4 Step left side, Step right in place, Cross left over right
5-6 Step right side, Step left together
7&8 Step right side, Step left together, Step right forward ¼ turn right 9 :00

25-32 Military Pivot, Full Turn, Walk Forward, Walk Forward, Walk Forward, Kick Forward & Clap

1-2 Step left forward, Pivot ½ right 3 :00
3 Step left back turn ½ right 9 :00
4 Step right forward turn ½ right 3 :00
5-6-7 Step left forward, Step right forward, Step left forward
8 Kick right forward & Clap

Amusez-vous bien!
