

You're The One

32 Count, 4 Wall, Beginner

Choreographer: Benny Ray & Helle H. Rasmussen
(DK) 2009

Choreographed to: You're The One by Anca

WALK, WALK, R MAMBO CROSS, L MAMBO CROSS, SWEEP R WITH ½ TURN

- 1-2 Walk forward right, left
3 & 4 Rock right foot to the side, recover on left, cross right over left
5 & 6 Rock left foot to the side, recover on right, cross left over right
7-8 Sweep right foot while making ½ turn to your left, touch right next to left

HIP BUMPS R-L-R, HIP BUMPS L-R-L, WALK, WALK, FULL TURN, STEP

- 9 & 10 Step forward on right bumping hip diagonally right, left, right
11 & 12 Step forward on left bumping hip diagonally left, right, left
13-14 Walk forward right, left
& 15-16 Step forward on right turning ½ left, turn ½ left stepping forward on left, step forward on right

HIP BUMPS/SWAYS L-R, HIP BUMPS/SWAYS L-R-L WITH ¼ TURN RIGHT, WALK, WALK, FULL TURN, STEP

- 17-18 Step out to the left bumping/swaying hips left, bump/sway hips right
19 & 20 Bump/sway hips left, right, left, turning ¼ right (weight ends on left)
21-22 Walk forward right, left
& 23-24 Step forward on right turning ½ left, turn ½ left stepping forward on left, step forward on right

L MODIFIED KICK BALL POINT, R MODIFIED KICK BALL POINT, KICK BALL TOUCH, SWIVELS WITH ½ TURN

- 25 & 26 Kick left foot forward, cross left in front of right, point right diagonally back/right
27 & 28 Kick right foot forward, cross right in front of left, point left diagonally back/left
29 & 30 Kick left foot forward, step slightly back on left, touch right in front of left
31 & 32 On balls of both feet swivel heels right, left, right making ½ turn left (weight ends on left)
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