

Biology

64 count, 4 wall, intermediate level

Choreographer: Lady Lace (UK) Nov 2005

Choreographed to: Biology by Girls Aloud; Ooh La La
by Goldfrapp

16 Count intro

Toe touches across, side, across, hold, forward shuffle, kick ball change

1-4 Touch R toe across L, touch R to right side, touch R across L, hold
5&6 Step R forward, step L beside R, step R forward
7&8 Kick L forward, step beside R, step R in place

Toe touches across, side, across, hold, forward shuffle, kick ball change

1-4 Touch L toe across R, touch L to left side, touch L across R, hold
5&6 Step L forward, step R beside L, step L forward
7&8 Kick R forward, step R beside L, step L in place. Restart 4th wall

Forward rock, ½ turn shuffle, side rock & cross, side rock & cross

1-2 Rock forward R, recover
3&4 Step R forward ¼ turn right, step L beside R, step R forward ¼ right
5&6 Rock L to left side, recover, cross step L over R
7&8 Rock R to right side, recover, cross step R over L

Weave left, toe behind swivel ½ turn, heel switches

1-5 Step L to side, step R behind R, step L to side, step R across L, step L to side
6 Touch R toe behind, on balls of both feet swivel ½ turn right
7&8& Touch R heel forward, step together, touch L heel forward, step together

2 Steps forward, forward shuffle, forward rock, back shuffle

1-2 Step forward R, step forward L
3&4 Step R forward, step L beside R, step R forward
5-6 Rock forward L, recover
7&8 Step L back, step R beside L, step L back

2 Step back, rock back, step pivot ½ turn, rock back

1-2 Step back R, step back L
3-4 Rock back on R, recover
5-6 Step forward R, pivot ½ turn left
7-8 Rock back on L, recover

Forward step, hold & forward step, hold, side rock ¼ turn, mambo cross

1-2& Step forward L, hold, click fingers, step R behind L
3-4 Step forward L, hold, click fingers
5-6 Making ¼ turn left rock R to side, recover
7&8 Rock R to side, recover, cross R over L

Side rock ¼ turn, mambo cross, back ¼ turn, ½ turn, toe touches

1-2 Making ¼ turn right rock L to side, recover
3&4 Rock L to side, recover, cross L over R
5-6 Step back onto R making ¼ turn left, step L ½ turn left
7&8& Touch R slightly forward, knee in, step beside L, touch left slightly forward, knee in, step L beside R.

Restart 4th wall after 16 counts facing 3.00.

TAG: If using the Goldfrapp track add an 8 count tag end of 2nd wall

1-2 Bump hips to R twice
3-4 Bump hips to L twice
1-8 Repeat 1-4
