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You're An Overcomer

32 Count, 4 Wall, Improver

Choreographer: Helen Reeson (Aus) August 2014

Choreographed to: Overcomer by Mandisa (3.43mins)

Intro: 32 count, then start dance on vocals

1-8 SIDE, TOG, KICK-BALL-CHANGE – R SHUFFLE, ROCK / RECOVER

1,2,3&4 Step R to R side, L beside, R Kick-ball-change (weight on L)

5&6,7,8 Shuffle to R side (RLR), Rock back on L, Replace weight fwd on R

9-16 FRIEZE L, CROSS – L SIDE SHUFFLE, ROCK BACK / RECOVER

1,2,3,4 Step L to L side, R behind L, L to side, Cross R in front of L

5&6,7,8 Shuffle to L side (LRL), Rock back on R, Replace weight fwd on L

17-24 FRIEZE ¼R, SCUFF – L FWD SHUFFLE, ROCK FWD / RECOVER

1,2,3,4 Step R to R side, L behind R, Turn ¼R step R fwd, Scuff L fwd ... 3.00

5&6,7,8 Shuffle fwd (LRL), Rock fwd on R, Replace weight back on L

25-32 R SIDE, HOLD-&-SIDE, HOLD-&-R SIDE, TOUCH, L SIDE, TOUCH

1,2&3,4 Step R to R side, Hold (2), Together (&), R to R side (3), Hold (4)

&5,6,7,8 Together (&), R Side (5), Touch L beside R, L Side, Touch R beside L

TAG: At end of Wall 4 - Add Hip Bumps R, L, R, L (4 counts) ... 12.00

RESTART: Wall 9 starts facing 12.00. Dance to count 16, then Restart ... 12.00**

Can be danced as a split floor with Mark Simpkin's great dance "OVERCOMER"