

Your Seven Day Fool

32 Count, 4 Wall, Improver

Choreographer: Rep Ghazali (Scotland) May 2008

Choreographed to: Seven Day Fool by Jully Black,

CD: Jully Black – Revival (142 bpm)

16 count start on vocal

01-08 RIGHT SIDE TOE STRUT, LEFT CROSS TOE STRUT, RIGHT SIDE ROCK-RECOVER, RIGHT CROSS SHUFFLE

1-2 touch Right toe to Right side, drop Right heel on the floor
3-4 touch Left toe across Right, drop Left heel on the floor
5-6 rock Right to Right side, recover on Left
7&8 cross Right over Left, step Left to Left side, cross Right over Left

09-16 ¼ TURN RIGHT LEFT TOE STRUT, ½ TURN RIGHT RIGHT TOE STRUT, ROCK FORWARD LEFT-RECOVER, LEFT SHUFFLE BACK

1-2 ¼ turn Right touch back on Left toe, drop Left heel on the floor
3-4 ½ turn Right touch forward on Right toe, drop Right heel on the floor
5-6 rock forward Left, recover on Right
7&8 step back Left, step Right together, step back Left

17-24 RIGHT AND LEFT BACK TOE STRUTS, RIGHT SIDE-HOLD, AND-SIDE-TOUCH

1-2 touch Right toe back, drop Right heel on the floor
3-4 touch Left toe back, drop Left heel on the floor
5-6 step Right to Right side, hold
&7-8 step Left together, step Right to Right side, touch Left together

25-32 ¼ TURN RIGHT SHUFFLE BACK LEFT, ¼ TURN RIGHT CHASSE RIGHT, ROCK FORWARD LEFT-RECOVER, LEFT COASTER CROSS

1&2 ¼ turn Right stepping back Left, step Right together, step back Left
3&4 ¼ turn Right stepping Right to Right side, step Left together, step Right to Right side
5-6 cross rock Left over Right, recover on Right
7&8 step back Left, step Right together, cross Left over Right

TAG: 8 count tag at the end of wall 4 & 8 (front walls)

01-08 RIGHT SIDE-TOUCH, LEFT SIDE-TOUCH, JAZZ BOX CROSS

1-2 step Right to Right side, touch Left together clap
3-4 step Left to Left side, touch Right together clap
(clapping is optional)
5-6 cross Right over Left, step back Left
7-8 step Right to Right side, cross Left over Right