



Approved by:



Billy's Twist

2 WALL - 48 COUNTS - BEGINNER FUN

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 3 4 5 - 7 8	Behind Side Cross, Kick, Behind Side Cross, Kick Cross right behind left. Step left to left side. Cross right over left. Kick left to left diagonal, snapping fingers on left hand. Cross left behind right. Step right to right side. Cross left over right. Kick right to right diagonal, snapping fingers on right hand.	Behind Side Cross Kick Behind Side Cross Kick	Left On the spot Right On the spot
Section 2 1 - 2 3 - 4 5 - 6 7 & 8	Cross Touch Forward x 2, Cross Touch Back, Sailor 1/4 Turn Cross right over left. Touch left to left side. Cross left over right. Touch right to right side. Cross right behind left. Touch left to left side. Turn 1/4 left crossing left behind right. Step right beside left. Step left forward.	Cross Touch Cross Touch Behind Touch Turn & Step	Left Right Left Turning left
Section 3 1 - 2 3 - 4 5 - 6 7 - 8 Styling	Slow Skate x 2, Faster Skate x 4 With Hands Skate right to right diagonal, holding right hand out to side. Hold. Skate left to left diagonal, holding left hand out to side. Hold. Skate right. Skate left. Skate right. Skate left. Counts 5 - 8: bring up arms, shaking fingers ('jazz hands')	Skate Hold Skate Hold Skate Skate Skate Skate	Right Left Forward
Section 4 1 - 2 3 - 4 5 - 6 7 - 8	Step Turn with Holds, Jazz Box 1/4 Turn Step right forward. Snap fingers. Pivot 1/2 turn left. Snap fingers. Turn 1/4 right crossing right over left. Step left back. Step right to side. Step left forward.	Step Click Turn Click Cross Back Side Step	Forward Turning left Turning right Forward
Section 5 1 & 2 3 4 5 - 8	Kick Ball Step, Walk x 2, Kick Ball Step, Walk x 2 Kick right foot diagonally right. Step down on right. Step left forward. Step right forward (bending and pushing both knees to right). Step left forward (bending and pushing both knees to left). Repeat steps 1 - 4.	Kick Ball Step Step Step	On the spot Forward
Section 6 1 2 - 3 4 5 6 - 7 8	Twists, Knee Hitches Step right to right side, swivelling heels out to right. Swivel heels to left. Swivel heels to right. Hitch left knee, snapping fingers to left. Step left to left side, swivelling heels left. Swivel heels to right. Swivel heels to left. Hitch right knee, snapping fingers to right.	Side Heel Swivel Hitch Side Heel Swivel Hitch	Right On the spot Left On the spot

Choreographed by: Ernst Roggeveen (NL)

Choreographed to: 'Shake, Rattle and Roll' by Bill Haley & The Comets (168 bpm) from The Best of Bill Haley Album or various other compilation albums (16 count intro - start on vocals)