

## Young And Wild

48 Count, 4 Wall, Intermediate

Choreographer: Theresa Needham (UK) April 09  
Choreographed to: Hit The Ground Running by Keith  
Urban CD: Defying Gravity (128 BPM), Young and  
Wild by Eric Church CD: Carolina (130 BPM)

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32 count from main beat (starts on main vocals)

**SIDE, BEHIND, BALL CROSS, 1/2 TURN LEFT, CROSS SHUFFLE, STEP SIDE**

- 1 – 2 Step R to R side, step L behind R,  
& 3 Step R next to L, cross L over R  
4 – 5 Making ½ turn L, step back on R, step L to L side  
6 & 7 Step R over L, step L to L side, step R over L  
8 Step L to L side

**SIDE, BEHIND, ½ TURN RIGHT, STEP, LEFT LOCKSTEP, FORWARD MAMBO**

- 1 – 2 Step R to R side, step L behind R  
&3–4 Making ½ turn R, step forward on R, step L to L side, step forward on R  
5 & 6 Step forward on L, lock R behind L, step forward on L  
7 & 8 Rock forward on R, recover on L, step R beside L

**FULL TURN LEFT, COASTER STEP, STEP ¼ TURN LEFT, CROSS SHUFFLE**

- 1 – 2 ½ turn L stepping forward on L, ½ turn L stepping back on R \*  
3 & 4 Step back on L, step R beside L, step forward on L  
5 – 6 Step forward on R, make ¼ turn L  
7 & 8 Cross R over L, step L to L side, cross R over L  
*\*Option Walk back, left, right*

**HEEL SWITCHES ¼ TURN LEFT, ROCK RECOVER, COASTER STEP**

- 1&2& Making 1/8 turn L dig L heel forward step L together, dig R heel forward step R together  
3&4& Making 1/8 turn L dig L heel forward step L together, dig R heel forward step R together  
5 – 6 Rock forward on L, recover onto R  
7 & 8 Step back on L, step R beside L, step L forward

**ROCK RECOVER, SHUFFLE ½ RIGHT, STEP PIVOT ½ RIGHT, SHUFFLE FORWARD**

- 1 – 2 Rock forward on R, recover onto L  
3 & 4 Shuffle ½ turn R  
5 – 6 Step forward on L, pivot ½ turn  
7 & 8 Shuffle forward on L

**MODIFIED RUMBA BOX WITH ¼ TURN LEFT**

- 1 – 2 Step R to R side, step L next to R  
3 & 4 Shuffle back,  
5 – 6 Step L to L side, step R beside L  
7 & 8 Shuffle ¼ turn L